#### WVU Department of Behavioral Medicine and Psychiatry 2016 Child and Adolescent Psychiatry Conference Series Please check one location: Martinsburg, August 5, 2016 WVU Health Sciences Center 2500 Foundation Way Beckley, October 7, 2016 WVU Institute of Technology Beckley Carter Hall

522 O. Kanawna St.

Please print legibly. One registration per form.

Name:

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Phone:\_\_\_\_\_

Email:

Registration Costs: \$75.00 Registration Deadline: Martinsburg- July 29, 2016 Beckley- September 30, 2016

Make checks payable to West Virginia University. Credit Cards accepted: Visa, Mastercard, or Discover. Please call with information.

Mail to: Chestnut Ridge Center Community Relations 930 Chestnut Ridge Rd. Morgantown, WV 26505

Conference Coordinator: Swapna King kingsw@wvumedicine.org Office 304-598-6422 Fax 304-598-6113

#### Who Should Attend

This conference series will be beneficial for pediatricians, family medicine physicians, physician assistants, nurses, social workers, licensed practicing counselors, psychologists, and other professionals working with children and adolescents.

#### **Continuing Medical Education**

The West Virginia University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Disclosure

All those in a position to control content of this program have indicated that they have no relevant interests to disclose.

#### Nursing Education

This continuing education activity has been provided by the West Virginia University School of Nursing for 7.2 contact hours. The West Virginia University School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule §19CSR11-4 under provider number WV1996-0120RN.

#### Allied Health Professionals

Approved for 6.5 continuing education hour by the WV Board of Social Work Examiners Provider #49080, the WV Board of Examiners of Psychology, and the WV Board of Examiners in Counseling #535.



Chestnut Ridge Center 930 Chestnut Ridge Rd., Morgantown, WV 26506 wvumedicine.org





# 2016 Child and Adolescent Psychiatry Conference Series

### Martinsburg, August 5, 2016 Beckley, October 7, 2016

WVU Department of Behavioral Medicine and Psychiatry

### Child and Adolescent Conference Series Featured Speakers

**Toni Goodykoontz, MD** Assistant Professor, Medical Director, CRC Acute Adolescent Program, WVU Department of Behavioral Medicine and Psychiatry

Kari Law, MD, Assistant Professor Adult, Child/Adolescent & Forensic Psychiatrist, Director of Telepsychiatry, WVU Department of Behavioral Medicine and Psychiatry

Lauren Swager, MD, Associate Professor, Child & Adolescent Fellowship, Director, WVU Department of Behavioral Medicine & Psychiatry Taniya Pradhan, MD, Child and Adolescent Psychiatrist and Assistant Professor, WVU Department of Behavioral Medicine & Psychiatry Bridget Skidmore, MD, Child and Adolescent Psychiatrist and Assistant Professor, WVU Department of Behavioral Medicine and Psychiatry Kevin Junkins, MD, Child Fellow, WVU Department of Behavioral Medicine & Psychiatry

Shilpa Sammeta, MD, Child Fellow, WVU Department of Behavioral Medicine and Psychiatry

Jennifer Ludrosky, PhD, Assistant Professor, Clinical Psychologist, WVU Department of Behavioral Medicine and Psychiatry Amanda Newhouse, LCSW, LICSW, Clinical Therapist, WVU Department of Behavioral Medicine and Psychiatry



## 11:45am-1:15pm LUNCH and LEARN LUNCH PROVIDED

Panel of Featured Speakers Following this session, participants should be able to: Identify clinical and practice challenges related to child and adolescent psychiatry.

#### 1:15pm-2:15pm Nurturing Babies Brain Through Communication, Relationships and Stimulation

#### Amanda Newhouse, LICSW

Following this session, participants should be able to:

Enhance parent/caregiver perspective on brain developemet, healthy social/emotional developemt in newborns. Assist providers in translating and transferring the necessary skills to promote happy and healthy families in the community.

#### 2:15pm-3:15pm Impact of Parental Psychopathology on Children's Development

*Toni Goodykoontz, MD* Following this session, participants should be able

Recognize the effects of parental mental illness and substance abuse on the development and psychiatry outcomes in children.

We will focus on parental substance use (specifically



alcohol, marijuana, nicotine, cocaine and opiate use disorders) and on parental depression and borderline personality disorder.

#### 3:15pm- 3:30pm BREAK

#### 3:30pm- 4:30pm Pediatric Psychology: The Intersection of Physical and Mental Health Jennifer Ludrosky, PhD

Following this session, participants should be able to: Recognize the concept of Pediatric psychology and identify the most common issues where children's medical and psychological functioning collide. Child practice frequently involves facing issues outside one's specialty track.

#### 9:00am-9:30am Registration

#### 9:30am- 10:30am Post Partum Depression and It's Treatment *Kevin Junkins, MD and Shilpa Sammeta, MD*

Following this session, participants should be able to:

Discuss the etiology and screening of postpartum depression. Its risk factors and its effects on the health of infants.

#### 10:30am-10:45am BREAK

## 10:45am-11:45am LGGBTQQI AAAPPDK?: Providing Care for

Sexual and Gender Minority Youth Bridget Skidmore, MD Following this session, participants should be able to: Discuss sexual and gender minority youth, apply evidenced based practices and advocate and provide resources for

treatment needs.