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WEST VIRGINIA UNIVERSITY SCHOOL OF MEDICINE

WVU to Offer Patient-Centered Medical Home Fellowship

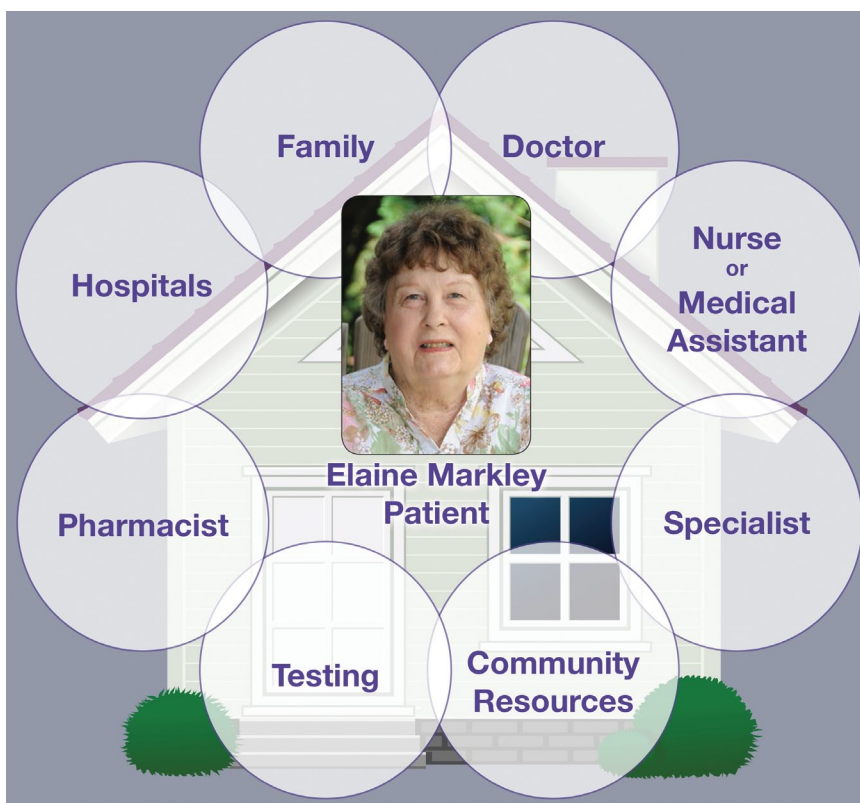
Patient-centered medical home (PCMH) is the current best practice model for highly effective primary care in which physician-led teams work proactively to engage and support patients' improved health. The Clark K. Sleeth Family Medicine Center is actively engaged in transforming the practice to the PCMH model of care, and has already been recognized as a leading practice in the state by insurers. The department has created an academic PCMH fellowship (July 2014) to develop new physician leaders for West Virginia to evaluate, teach and lead PCMH implementation in the region. The fellow will gain valuable experience as part of the PCMH leadership team for WVU Healthcare practices, developing skills in measuring and improving quality outcomes, training care teams, and developing innovative strategies to improve care for vulnerable patient populations.

The new PCMH fellow will work with our care team that now includes two full-time nurse case managers who work with chronic disease patients and post-hospital patients. A new dietitian/diabetes educator has started a weight management support group and is offering the Dining with Diabetes program. In addition, six care improvement teams meet regularly to work collaboratively to improve communication and implement resident-led quality improvement projects for their patient panels. A multidisciplinary discharge clinic (staffed by our inpatient team, pharmacist, dietitian, social worker and case managers) allows our post-hospital patients to have an optimized transition of care, with improvements in 7-day follow up, and reduced readmissions.

Dr. Karen Fitzpatrick, Director of the academic PCMH fellowship, recently achieved recognition as a PCMH Content Expert by the NCQA. The fellowship plans to take its first fellow in July 2014.

"PCMH is the future of Family Medicine in West Virginia and the nation. We need to train leaders for tomorrow."

-- Dr. Dana King, Department Chair





Pictured left to right: William Johansen, Virginia Horne and Nathaniel Linger – WVU SOM Rural Track Students

management of these patients, and how to prevent and handle situations with addictive pain medication.

Nathaniel Linger, Virginia Horne, and William Johansen participated in a three day experience in the coalfields of southern West Virginia. During the first day of the trip, they visited the Tug River Clinic in McDowell, WV. While at the clinic, the students had the opportunity to work with Dr. Randy Forehand, a certified B reader, and see the process of screening a patient for black lung disease. On the second day, they visited a pain medication addiction clinic in Beckley, WV. Lastly, they toured a working coal mine in Raleigh County.

This program was made possible by WVU, the Institute for Community and Rural Health, and Southern WV AHEC.

Seven Students Accepted into Program

Seven members of the WVU SoM Class of 2017 have been accepted into the Rural Track program. Those included are: Jessica Eiser, Joseph Hansroth, Alyson Leo, Sarah Lively, Westley Mullins, Darrin Nichols, and Steven Stefancic.

These students participated in a week-long orientation during the summer which featured a suturing workshop and specific case-based standardized patient encounters. Afterward, they spent time at a rural practice location of their choice, where they shadowed a Family Medicine physician for three weeks. During their summer rotation, they learned the daily tasks of a rural doctor and received hands-on experience.

Students did their summer experience in the following counties: Mason, Mercer, Raleigh, Randolph, Upshur, and Wirt. The students will return to the same clinics next summer to gain more experience.

Pictured left to right: Nathaniel Linger, Virginia Horne and William Johansen – WVU SOM Rural Track Students



Rural Track

Second Year Rural Track Students Participate in Rural Immersion Program

As part of the West Virginia University School of Medicine Rural Track, an immersion program was planned to help students gain knowledge about coal mining health and other rural health issues in an interdisciplinary setting. The program gave participants a glimpse into the long-term

OUR NEW FACULTY



Dr. **Carl Shrader** joined the faculty of Family Medicine in July, after completing his residency in Family Medicine here at WVU, where he also served as Chief Resident. Dr. Shrader

completed his undergraduate work at West Virginia Wesleyan and earned his medical degree and a PhD in vascular physiology from West Virginia University School of Medicine.

His special clinical interests include obstetrics and pediatrics. His research interest is focused on improving diagnosis and treatment of vascular disease.

Dr. Shrader enjoys spending time with his wife Erica and their two children, and caring for his farm in Preston County.



Dr. **Frederick Alcantara** will join the department in December. He will be active in residency teaching along with his clinical duties. Dr. Alcantara comes

to WVU from United Hospital Center in Clarksburg, WV, where he was the chairman of the Department of Family Medicine.

Dr. Alcantara received his medical degree from St. George's University and trained at United Hospital Center Family Practice Residency Program. He has also practiced at Pish Medical Associates in Uniontown, PA, and MedPlus in Clarksburg, WV.

He enjoys spending time with his wife Kelly Gannon, MD, currently Chief Resident in Internal Medicine at WVU, and also enjoys photography, cooking, and music.



Dr. **Erika Bodkins** graduated from the WVU School of Medicine in December 2012. She also holds a bachelor's degree in Exercise Physiology from WVU. Dr. Bodkins was a member of the Golden Key National Honor Society, and has

received numerous scholarships throughout her academic career, including the WVU SoM Alumni Clark K. Sleeth Memorial Scholarship.



Dr. **Emily Larkin** is a 2013 graduate of the WVU School of Medicine. She received her undergraduate degree in Psychology from WVU in 2009. Dr. Larkin is a Phi Beta Kappa, WVU Presidential Scholar, and was named

WV Outstanding Rural Health Student of the Year in 2012. She volunteers with Habitat for Humanity, Girls on the Run, and Relay for Life, among other projects.



Dr. **Jason McNair** completed his BS in Chemistry at Alderson Broaddus College, and graduated in 2013 from the WVU School of Medicine. At WVU SoM, he won the President's Young Alumnus Award and was the 2012 recipient of the

Traubert Award, given for excellence in Family Medicine clerkship as a third year student.



Dr. **James Brooks Mersing** is a native of Preston County, WV and earned both his undergraduate and medical school degrees at WVU. Prior to entering the School of Medicine, Dr. Mersing spent much time shadowing local primary

care physicians to learn his chosen craft. He is dedicated to pursuing a career in rural medicine in order to give back to his home state.

OUR NEW RESIDENTS



Dr. **Megan Pritt** is a graduate of the WVU Exercise Physiology Program and the School of Medicine in 2013. During medical school she served as chair of the social committee, and also acquired over 200 hours of community service. Dr. Pritt

is also a Medical Group 2nd Lieutenant with the United States Air National Guard 130th Branch.



Dr. **Christopher S. Reynolds** holds dual undergraduate degrees in Biology and Psychology from WVU, and is a 2013 graduate of the WVU School of Medicine. He has received the Edward G. Stuart Award in 2013, the Fedeles Award for

Compassion in Physical Diagnosis in 2011, and was a WVU Foundation Outstanding Senior in 2009. Dr. Reynolds is a Phi Beta Kappa, an Eberly Scholar, and an Eagle Scout, among other honors.



Dr. **Hina Zaman** joined the residency program in September 2013, when her previous residency program at Wyckoff Heights Medical Center in Brooklyn closed. Dr. Zaman received her medical degree from Russian People's Friendship University. At WVU, she

is a first year resident with interest in women's health.



Dr. **R. Erik Peterson** is the current Sports Medicine Fellow. He received his BA in Biology from WVU and his medical degree from Marshall University in 2010. He completed residency in the Dept. of Family Medicine at Charleston Area Medical Center.

Among his many activities, he is a member of the Gold Humanism Honor Society, the WV Academy of Family Physicians, and the American Medical Society for Sports Medicine, and is an Eagle Scout.

**39th
Annual**

Hal Wanger Family Medicine Conference

The 39th Annual Hal Wanger Family Medicine Conference was held on September 5-7, 2013.

Approximately 100 physicians, nurses, physician assistants, residents and students attended the meeting at the WVU Health Sciences Center. The Hal Wanger Family Medicine conference is the longest-running continuing education course offered by the WVU School of Medicine and attracts medical professionals from all over the state of West Virginia.

Updates on the latest research and treatments for a variety of topics

including Parkinson's Disease, Concussions, Vaccines, Strokes, and Autism Spectrum Disorder were given by WVU School of Medicine faculty from a wide variety of specialties.

The keynote speaker and 2013 Mesaros Scholar Lecturer for Grand Rounds was Brent M. Egan, MD from the Medical University of South Carolina. His presentation entitled, "The Treatment of Resistant Hypertension" was very timely and received high marks from all participants for its practicality and usefulness in everyday practice.

Course participants were also invited to a wine and cheese reception with chairs and faculty members from all departments, giving each the chance to build relationships and referrals.

A STATE OF MINDS

The Campaign for West Virginia University

Supporting
Family Medicine

If you would like to make a gift to benefit the programs and activities of the Department of Family Medicine, please visit:
www.mountaineerconnection.com/givetofamilymedicine.

Thank you for your consideration in supporting our department.

Celebrating 40 Years in 2014

Next year's Hal Wanger Family Medicine Conference will celebrate 40 years and is sure to be a noteworthy event! Save the Date information will be published in early 2014.