

2016 CHILDBIRTH CLASSES

TRADITIONAL CLASSES \$60

4 Two-hour classes, on consecutive Mondays

All classes are from 6-8 pm, and meet in
the Physician Office Center Lobby.

Jan 11 – Feb 1st

Feb. 15th – March 7th

March 28th – April 18th

May 2nd – May 23rd

June 6th – June 27th

August 1st – August 22nd

Sept. 19th – October 10th

November 7th – November 28th

QUICK CLASSES \$60

2 four hour classes on weekends

Jan. 16th and 23rd

Feb. 13th and 20th

March 12th and 19th

April 9th and 16th

May 14th and 21st

June 11th and 18th

July 16th and 23rd

Aug. 13th & 20th

Sept. 18th & 25th

Oct. 9th & 16th

Nov. 6th & 13th

Dec. 4th & 11th

Saturday classes meet in the lobby of the Physician Office Center;
Sunday classes meet in the lobby of Ruby Hospital by the gift shop.
They are not “Lamaze” classes but do cover some techniques to help
with labor, types of anesthesia, and a tour of the Labor and Delivery unit.
Wear loose, comfortable clothing and bring a pillow.

BREASTFEEDING CLASSES \$15

Classes are from 6:30 – 8:30 pm.

Jan. 18th July 11th

Feb. 8th Aug. 9th

Mar. 8th Sept. 14th

Apr. 4th Oct. 11th

May 11th Nov. 7th

June 14th Dec. 6th

Sibling Classes-on Tuesdays 5-7p \$15

Jan. 19th July 19th

Mar. 8th Sept. 20th

May 17th Nov. 15th

Parenting classes-on Tuesday 5:30-7p \$15

Feb. 16th Aug. 9th

Apr. 19th Oct. 18th

June 21st Dec. 13th

Refresher classes-Sundays 1-5p \$30

Feb. 21st Aug. 14th

Apr. 17th Oct. 16th

Please pay at the class with checks payable to
WVU Hospitals checks will not be cashed until
you attend the class.

Call 304 598 4351 to schedule