

## Introduction to WVU Radiology

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Special thanks to Jeffery P. Hogg, MD



## **Radiology Orientation Objectives**

- Why is it important to order appropriate imaging?
- How do you know which imaging test to order?
- How can you ensure the best imaging interpretation for the patient?
- How much does imaging cost?
- How do you get in contact with the radiologists?

## Help us help you

 Role of Clinician: Order most appropriate study and communicate relevant clinical history



## Help us help you

 Role of Clinician: Order most appropriate study and communicate relevant clinical history

 Role of radiologist: act on relevant clinical history to plan, expedite, report best imaging



## Help us help you

 Role of Clinician: Order most appropriate study and communicate relevant clinical history

 Role of radiologist: act on relevant clinical history to plan, expedite, report best imaging

## End result= We help the patient!





# Why is it important to order appropriate imaging?



## First, do no harm...



Unneeded radiation exposure



• Unneeded radiation exposure

• Delay in diagnosis

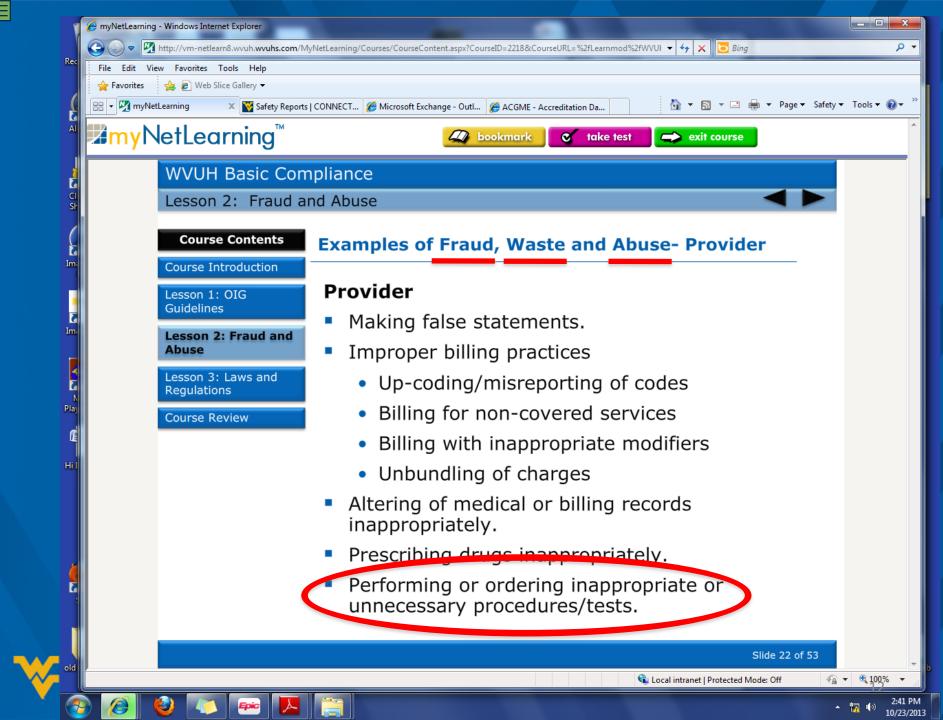


- Unneeded radiation exposure
- Delay in diagnosis
- Exposure to contrast or other drugs



- Unneeded radiation exposure
- Delay in diagnosis
- Exposure to contrast or other drugs
- Financial harms
  - Loss of income by missing work
  - Costs to patient for the wrong study you order
  - Costs to healthcare system





# What percentage of medical care is wasted?



# What percentage of medical care is wasted?

## ~30%, according to the Institute of Medicine



# How to Choose most appropriate Imaging???





## American College of Radiology Appropriateness Criteria



## **ACR Appropriateness Criteria**

- Accepted "National standard" for quality imaging ordering
- Created by expert panels spanning multiple medical specialties
- Evidence-based recommendations
- Continuously Updated and current – 230 topics

Complies with PAMA federal legislation
 effective Jan 2017

## Who's on the Expert Panels?

- American Academy of Neurology
- American Academy of Orthopedic Surgeons
- American Academy of Otolaryngology-Head and Neck Surgery
- American Academy of Pediatrics

- American Academy of Neurological Surgeons
- American College of Cardiology
- American College of Chest Physicians
- American College of Emergency Physicians
- American Congress of Obstetricians and Gynecologists





- American College of Rheumatology
- American College of Surgeons
- American Gastroenterological Association
- American Pediatric Surgical Association
- American Society of Hematology
- American Society of Nephrology



- Society for Vascular Surgery
- Society of Gynecologic Oncologists
- Society of Nuclear Medicine and Molecular Imaging
- Society of Thoracic Surgeons
- American College of Radiology



## How do we use it? WVU made it E-Z

- "ACR Appropriateness Criteria" under EPIC links
- CONNECT Home page under Physician Reference
- EPIC at point of radiology order entry
- Internet search www.acr.org/ac



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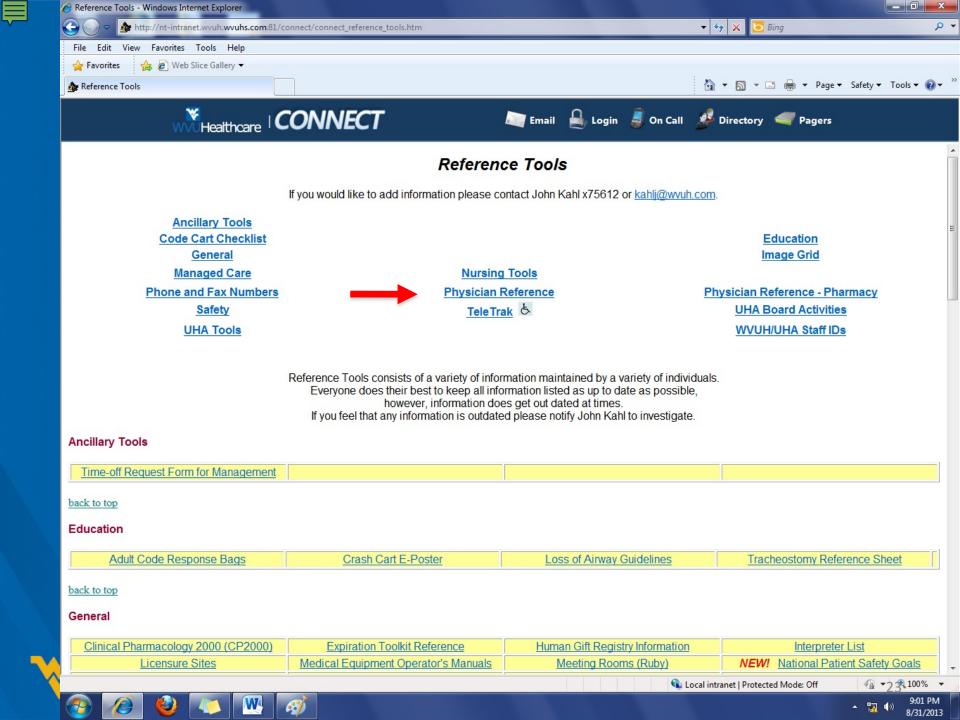
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#### Physician Dashboard

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Physician Reference			
ACR Appropriateness Criteria	Adult ICU Sedation	Agency for Healthcare and Quality (AHRQ)	Anticoagulation References
Blood Pressure Management Guidelines in Stroke Patients	Chemotherapy Templates / Treatment Guidelines	Dermetome Chart ASIA	Emergency Blood Request Form
Epworth Sleepiness Scale	Formulary (by alphabetical list)		Guidelines for Management of Stroke Patients in Intensive Care Unit Setting
Guidelines for Preoperative Adult Diabetic Patients	House Staff - Resident - Physician Manual	HSC Library	MBRCC Clinical Trials Operations Manual (The Blue Book)
MBRCC - Form for Infusion Treatment	MBRCC - Form for Reclast Treatment	MBRCC - Form for Therapeutic Phlebotomy	NIH Stroke Scale
Office of Graduate Medical Education	Orthopaedic Forms		
PACS - Davis Memorial			PACS - UHC
PACS - WVUH		Pediatric Humalog Dosing Directions	Patient instructions sheet for Adult Diabetic Patients undergoing Surgery
Quick Start Guide Epic Care Inpatient	Referring Physician Database	Tracheostomy Guidelines	
Treatment of Anemia in the Oncology Patient	Unapproved Abbreviation List	Vaccinations	<u>Webmedx</u>
WVU Antibiotic Guidance Site	WVUH Medication Shortages	WVUH Restricted Medications	WVUHS Physician Credentialing Verification
back to top			
Physician Reference - Pharmacy Related			
Anticoagulation Clinic Patient Referral	Anticoagulant & Antiplatelet Agents	Apixaban Guidelines	Apixaban Provider FAQ's
Argatroban Protocol (Adult)	Argatroban Protocol (Pediatrics)	Bivalirudin Guidelines (adult)	Bivalirudin HIT Protocol (Adult)
Bivalirudin - Cardiopulmonary Bypass - HIT/Heparin Allergy	Dabigatran Provider FAQs	Dabigatran Guidelines	Dabigatran Monitoring & Reversal
Deep and Superficial Veins Reference	DVT Prophylaxis - Pregnancy Recommendations	Enoxaparin Guidelines	Epidural/Spinal Warnings for Anticoagulants/ Antiplatelets
Fondaparinux Guidelines	Heparin Adult Cardiology Dosing Chart	Heparin Adult Cardiology Protocol	Heparin Adult Low Intensity (no bolus) Protocol

Heparin Adult Standard Dosing Chart

Heparin Adult Standard Protocol

Heparin Adult Workflows

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Heparin Adult Low Intensity (no bolus) Dosing Chart

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http://www.acr.org/ac

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# Or, when all else fails..... GOOGLE it!





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The ACR Appropriateness Criteria® (AC) are evidence-based guidelines to assist referring physicians and other providers in making the most appropriate imaging or treatment decision for a specific clinical condition. Employing these guidelines helps providers enhance quality of care and contribute to the most efficacious use of radiology. Learn More »

#### NEW! ACR Named a Qualified Provider-Led Entity by CMS

The Centers for Medicare & Medicaid Services (CMS) has named ACR a "qualified Provider-Led Entity" (qPLE) approved to provide appropriate use criteria (AUC) under the Medicare Appropriate Use Criteria program for advanced diagnostic imaging. This means that ACR Appropriateness Criteria fulfill the Protecting Access to Medicare Act (PAMA) requirements to consult AUC prior to ordering advanced diagnostic imaging for Medicare patients. ACR gPLE status is valid through June 2021. Read more »

#### Updates – 2017

The latest release of the ACR Appropriateness Criteria includes 230 clinical topics with over 1100 clinical variants. In 2017, there were 3 new and 5 revised topics. All AC topics are reviewed annually.

#### **NEW & REVISED TOPICS**

#### **Current Topics**

To access existing AC ratings tables and narratives use the buttons below.

organized by panel (login not required)

» Browse for a complete list of topics and ratings tables

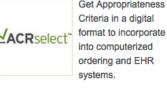
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Get Appropriateness

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» Search and filter topics and ratings tables (login required)

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### Appropriateness Criteria

AC List



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	Breast				
Topic Name	Narrative	Evidence Table			
Breast Cancer Screening	Narrative	Evidence Table			
Breast Microcalcifications — Initial Diagnostic Workup	Narrative	Evidence Table			
Nonpalpable Mammographic Findings (Excluding Calcifications)	Narrative	Evidence Table			
Palpable Breast Masses	Narrative	Evidence Table			
Stage I Breast Cancer: Initial Workup and Surveillance for Local Recurrence and Distant Metastases in Asymptomatic Women	Narrative	Evidence Table			
	Cardiac	ectangular Stip			
Topic Name	Narrative	Evidence Table			
Acute Chest Pain — Suspected Aortic Dissection	Narrative	Evidence Table			
Acute Chest Pain — Suspected Pulmonary Embolism	Narrative	Evidence Table			
Acute Nonspecific Chest Pain — Low Probability of Coronary Artery Disease	Narrative	Evidence Table			
Asymptomatic Patient at Risk for Coronary Artery Disease	Narrative	Evidence Table			
Chest Pain Suggestive of Acute Coronary Syndrome	Narrative	Evidence Table			
Chronic Chest Pain — High Probability of Coronary Artery Disease	Narrative	Evidence Table			
Chronic Chest Pain — Low to Intermediate Probability of Coronary Artery Disease	Narrative	Evidence Table			
Dyspnea — Suspected Cardiac Origin	Narrative	Evidence Table			
Imaging for Transcatheter Aortic Valve Replacement	Narrative	Evidence Table			
Known or Suspected Congenital Heart Disease in the Adult	Narrative	Evidence Table			
Nonischemic Myocardial Disease with Clinical Manifestations (Ischemic Cardiomyopathy Already Excluded)	Narrative	Evidence Table			
Suspected Infective Endocarditie	PIF Narrative	Evidence Table			

Suspected Small-Bowel Obstruction	Narrative	Evidence Table
	Musculoskeletal	
Topic Name	Narrative	Evidence Table
Acute Hand and Wrist Trauma	Narrative	Evidence Table
Acute Hip Pain—Suspected Fracture	Narrative	Evidence Table
Acute Shoulder Pain	Narrative	Evidence Table
Acute Trauma to the Ankle	Narrative	Evidence Table
Acute Trauma to the Foot	Narrative	Evidence Table
Acute Trauma to the Knee	Narrative	Evidence Table
Avascular Necrosis (Osteonecrosis) of the Hip	Narrative	Evidence Table
Chronic Ankle Pain	Narrative	Evidence Table
Chronic Elbow Pain	Narrative	Evidence Table
Chronic Foot Pain	Narrative	Evidence Table
Chronic Hip Pain	Narrative	Evidence Table
Chronic Neck Pain	Narrative	Evidence Table
Chronic Wrist Pain	Narrative	Evidence Table
Follow-up of Malignant or Aggressive Musculoskeletal Tumors	Narrative	Evidence Table
Imaging After Total Knee Arthroplasty	Narrative	Evidence Table
Management of Vertebral Compression Fractures	Narrative	Evidence Table
Metastatic Bone Disease	Narrative	Evidence Table
Nontraumatic Knee Pain	Narrative	Evidence Table
Osteoporosis and Bone Mineral Density	Narrative	Evidence Table
Primary Bone Tumors	Narrative	Evidence Table
Soft-Tissue Masses	Narrative	Evidence Table
Stress (Fatigue/Insufficiency) Fracture, Including Sacrum, Excluding Other Vertebrae	Narrative	Evidence Table
Suspected Osteomyelitis of the Foot in Patients with Diabetes Mellitus	Narrative	Evidence Table

spected Small-Bowel Obstruction	Narrative	Evidence Table
	Musculoskeletal	
Topic Name	Narrative	Evidence Table
Acute Hand and Wrist Trauma	Narrative	Evidence Table
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Chronic Elbow Pain	Narrative	Evidence Table
Chronic Foot Pain	Narrative	Evidence Table
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Chronic Wrist Pain	Narrative	Evidence Table
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Suspected Osteomyelitis of the Foot in Patients with Diabetes Mellitus	Narrative	Evidence Table

#### American College of Radiology ACR Appropriateness Criteria<sup>®</sup>

#### **<u>Clinical Condition:</u>** Chronic Neck Pain

Variant 1:

#### Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	**
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	•
X-ray myelography cervical spine	1	Never indicated as initial study.	• • •
CT cervical spine without contrast	1	Never indicated as initial study.	<b>\$ \$ \$</b>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	• • •
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	lay be appropriate; 7	7,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>\$ \$</b>
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>8</del> <del>8</del> <del>8</del>
Tc-99m bone scan whole body with SPECT neck	2		**
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 N	1ay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level



#### American College of Radiology ACR Appropriateness Criteria<sup>®</sup>

#### **Clinical Condition:**

**Chronic Neck Pain** 

Variant 1:

Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>&amp; &amp;</b>
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	<b>&amp; &amp;</b>
X-ray myelography cervical spine	1	Never indicated as initial study.	<del>8</del> <del>8</del> <del>8</del>
CT cervical spine without contrast	1	Never indicated as initial study.	<del>\$</del> <del>\$</del> <del>\$</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	<b>* *</b>
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		***
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 N	Iay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>\$ \$</b>
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>8</del> <del>8</del> <del>8</del>
Tc-99m bone scan whole body with SPECT neck	2		**
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			



#### American College of Radiology ACR Appropriateness Criteria<sup>®</sup>

#### **Clinical Condition:**

**Chronic Neck Pain** 

Variant 1:

Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>&amp; &amp;</b>
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	<b>&amp; &amp;</b>
X-ray myelography cervical spine	1	Never indicated as initial study.	• • •
CT cervical spine without contrast	1	Never indicated as initial study.	<del>9</del> <del>9</del> <del>9</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	<b>\$ \$ \$</b>
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		<del>9</del> <del>9</del> <del>9</del>
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	\$P \$P
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<b>8</b> 8
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			



**Chronic Neck Pain** 

### **<u>Clinical Condition:</u>**

Variant 1:

#### Patient with chronic neck pain without or with a history of previous trauma. First study.

<b>Radiologic Procedure</b>	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	•
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	•
X-ray myelography cervical spine	1	Never indicated as initial study.	• • •
CT cervical spine without contrast	1	Never indicated as initial study.	<del>9</del> <del>9</del> <del>9</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	• • •
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		<del>9</del> <del>9</del> <del>9</del>
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 N	lay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	& &
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>\$</del> <del>\$</del> <del>\$</del>
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		<b>* * *</b>
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	lay be appropriate; 7	7,8,9 Usually appropriate	*Relative Radiation Level



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Clinical Condition: Chronic Neck Pain

Variant 1:

Patient with chronic net pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	**
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	•
X-ray myelography cervical spine	1	Never indicated as initial study.	• • •
CT cervical spine without contrast	1	Never indicated as initial study.	***
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	• • •
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	****
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		<b>\$ \$ \$</b>
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 N	lay be appropriate; 7	7,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	\$P \$P
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>8</del> <del>8</del> <del>8</del>
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 N	1ay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level



#### **<u>Clinical Condition:</u>** Chronic Neck Pain

Variant 1:

#### Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	& <del>&amp;</del>
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	<b>&amp; &amp;</b>
X-ray myelography cervical spine	1	Never indicated as initial study.	<del>8</del> <del>8</del> <del>8</del>
CT cervical spine without contrast	1	Never indicated as initial study.	<del>\$</del> <del>\$</del> <del>\$</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	<del>\$</del> <del>\$</del> <del>\$</del>
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		***
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	Iay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	\$P \$P
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	***
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		•
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	lay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level



#### <u>Clinical Condition:</u> Chronic Neck Pain

Variant 1:

Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	**
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	& &
X-ray myelography cervical spine	1	Never indicated as initial study.	• • •
CT cervical spine without contrast	1	Never indicated as initial study.	<del>9</del> <del>9</del> <del>9</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	<b>\$ \$ \$</b>
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		\$ \$ \$
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 N	Iay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>\$ \$</b>
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>0</del> <del>0</del> <del>0</del>
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		•
CT cervical spine without and with contrast	1		• • •
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	lay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level



#### Clinical Condition: Chronic Neck Pain

<u>Variant 1:</u>

#### Patient with chronic neck pain without or with a history of previous trauma. First story

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>&amp; &amp;</b>
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	<b>&amp; &amp;</b>
X-ray myelography cervical spine	1	Never indicated as initial study.	***
CT cervical spine without contrast	1	Never indicated as initial study.	<del>\$</del> <del>\$</del> <del>\$</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	• • •
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	lay be appropriate; 7	7,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>&amp; &amp;</b>
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	• • •
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		**
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	lay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level



Variant 1:

Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<del>8</del> <del>8</del>
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	**
X-ray myelography cervical spine	1	Never indicated as initial study.	***
CT cervical spine without contrast	1	Never indicated as initial study.	• • •
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	• • •
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	****
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
<u>Rating Scale:</u> 1,2,3 Usually not appropriate; 4,5,6 N	lay be appropriate; 7	,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>\$ \$</b>
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>\$</del> <del>\$</del> <del>\$</del>
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		•
CT cervical spine without and with contrast	1		• • •
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			



Clinical Condition:Chronic Neck PaVariant 1:Patient with chro		ithout or with a history of previous trauma	First study
<u>variant 1.</u>		Introductor with a mistory of previous trauma	. Filst study.
Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	•
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	<b>&amp; &amp;</b>
X-ray myelography cervical spine	1	Never indicated as initial study.	***
CT cervical spine without contrast	1	Never indicated as initial study.	• • •
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	<del>9</del> 9 9
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	****
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		***
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	lay be appropriate;	7,8,9 Usually appropriate	*Relative Radiation Level

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	\$P \$P
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	• • •
Tc-99m bone scan whole body with SPECT neck	2		• • •
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		•
CT cervical spine without and with contrast	1		• • •
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			



#### Clinical Condition: Chronic Neck Pain

Variant 1:

#### Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	•
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	•
X-ray myelography cervical spine	1	Never indicated as initial study.	• • •
CT cervical spine without contrast	1	Never indicated as initial study.	<del>9</del> <del>9</del> <del>9</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	• • •
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>&amp; &amp;</b>
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>\$</del> <del>\$</del> <del>\$</del>
Tc-99m bone scan whole body with SPECT neck	2		***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		**
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			



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#### Clinical Condition: Chronic Neck Pain

Variant 1:

#### Patient with chronic neck pain without or with a history of previous trauma. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	•
MRI cervical spine without contrast	2		0
Facet injection/medial branch block cervical spine	1	Never indicated as initial study.	<b>&amp; &amp;</b>
X-ray myelography cervical spine	1	Never indicated as initial study.	• • •
CT cervical spine without contrast	1	Never indicated as initial study.	<del>9</del> <del>9</del> <del>9</del>
Tc-99m bone scan with SPECT neck	1	Never indicated as initial study.	• • •
Myelography and post myelography CT cervical spine	1	Never indicated as initial study.	***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		<b>\$ \$ \$</b>
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			

Variant 2:

Patient with chronic neck pain with history of previous malignancy. First study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
X-ray cervical spine	9	AP and lateral (may be supplemented with swimmer's and/or open mouth views).	<b>&amp; &amp;</b>
MRI cervical spine without contrast	2		0
CT cervical spine without contrast	2	Only if MRI is contraindicated.	<del>\$</del> <del>\$</del> <del>\$</del>
Tc-99m bone scan whole body with SPECT neck	2		***
MRI cervical spine without and with contrast	1		0
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			



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#### Clinical Condition:

### n: Chronic Neck Pain

#### <u>Variant 5:</u>

#### Radiographs normal. Neurologic signs or symptoms present.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
MRI cervical spine without contrast	9		0
Myelography and post myelography CT cervical spine	5	If MRI contraindicated.	****
CT cervical spine without contrast	5	If MRI contraindicated.	<del>\$ \$ \$</del>
Facet injection/medial branch block cervical spine	3	MBB may be used to confirm facet as specific pain generator, generally third line test following MRI or CT.	& &
MRI cervical spine without and with contrast	2		0
X-ray myelography cervical spine	2		<del></del>
CT cervical spine with contrast	2		***
CT cervical spine without and with contrast	2		***
Tc-99m bone scan with SPECT neck	2		<del>\$ \$ \$</del>
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level

#### <u>Variant 6:</u>

#### Radiographs show degenerative changes. No neurologic findings.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
MRI cervical spine without contrast	5	Persistent pain following failure of conservative management.	0
CT cervical spine without contrast	3	Following conservative management if MRI contraindicated.	***
Myelography and post myelography CT cervical spine	2		***
Tc-99m bone scan with SPECT neck	2		***
Facet injection/medial branch block cervical spine	2	MBB may be used to confirm facet as specific pain generator, generally third line test following MRI or CT.	& &
MRI cervical spine without and with contrast	1		0
X-ray discography cervical spine	1		<del>&amp; &amp;</del>
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
X-ray myelography cervical spine	1	Should not be performed without CT.	***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level



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### **<u>Clinical Condition:</u>**

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#### on: Chronic Neck Pain

#### <u>Variant 5:</u>

Radiographs normal. Neurologic signs or symptoms present.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
MRI cervical spine without contrast	9		0
Myelography and post myelography CT cervical spine	5	If MRI contraindicated.	****
CT cervical spine without contrast	5	If MRI contraindicated.	• • •
Facet injection/medial branch block cervical spine	3	MBB may be used to confirm facet as specific pain generator, generally third line test following MRI or CT.	& &
MRI cervical spine without and with contrast	2		0
X-ray myelography cervical spine	2		• • •
CT cervical spine with contrast	2		***
CT cervical spine without and with contrast	2		***
Tc-99m bone scan with SPECT neck	2		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			

#### <u>Variant 6:</u>

#### Radiographs show degenerative changes. No neurologic findings.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
MRI cervical spine without contrast	5	Persistent pain following failure of conservative management.	0
CT cervical spine without contrast	3	Following conservative management if MRI contraindicated.	***
Myelography and post myelography CT cervical spine	2		****
Tc-99m bone scan with SPECT neck	2		<b>~~~</b>
Facet injection/medial branch block cervical spine	2	MBB may be used to confirm facet as specific pain generator, generally third line test following MRI or CT.	& &
MRI cervical spine without and with contrast	1		0
X-ray discography cervical spine	1		<b>~~</b>
CT cervical spine with contrast	1		***
CT cervical spine without and with contrast	1		***
X-ray myelography cervical spine	1	Should not be performed without CT.	***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level



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#### **Clinical Condition:**

### Chronic Neck Pain

#### Variant 5:

Radiographs normal. Neurologic signs or symptoms present.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
MRI cervical spine without contrast	9		0
Myelography and post myelography CT cervical spine	5	If MRI contraindicated.	****
CT cervical spine without contrast	5	If MRI contraindicated.	<b>\$ \$ \$</b>
Facet injection/medial branch block cervical spine	3	MBB may be used to confirm facet as specific pain generator, generally third line test following MRI or CT.	\$ \$
MRI cervical spine without and with contrast	2		0
X-ray myelography cervical spine	2		<b>\$ \$ \$</b>
CT cervical spine with contrast	2		***
CT cervical spine without and with contrast	2		***
Tc-99m bone scan with SPECT neck	2		***
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 M	ay be appropriate; '	7,8,9 Usually appropriate	*Relative Radiation Level

#### <u>Variant 6:</u>

#### Radiographs show degenerative changes. No neurologic findings.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
MRI cervical spine without contrast	5	Persistent pain following failure of conservative management.	0
CT cervical spine without contrast	3	Following conservative management if MRI contraindicated.	***
Myelography and post myelography CT cervical spine	2		***
Tc-99m bone scan with SPECT neck	2		***
Facet injection/medial branch block cervical spine	2	MBB may be used to confirm facet as specific pain generator, generally third line test following MRI or CT.	& &
MRI cervical spine without and with contrast	1		0
X-ray discography cervical spine	1		<del>&amp; &amp;</del>
CT cervical spine with contrast	1		***
CT cervical spine without and with contrast	1		***
X-ray myelography cervical spine	1	Should not be performed without CT.	• • •
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level



### **<u>Clinical Condition:</u>** Chronic Neck Pain

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Prior C-spine surgery (including ACDF) with radiographs showing no complication. Next study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
CT cervical spine without contrast	7	CT best examination to assess for hardware complication, extent of fusion.	***
MRI cervical spine without contrast	5		0
X-ray myelography cervical spine	2		<del>8</del> 8 8
Tc-99m bone scan with SPECT neck	2		<del>&amp; &amp; &amp;</del>
CT cervical spine with contrast	1		<del>\$</del> <del>\$</del> <del>\$</del>
CT cervical spine without and with contrast	1		***
MRI cervical spine without and with contrast	1	Unless there is a concern for infection.	0
Facet injection/medial branch block cervical spine	1		& &
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level

### Variant 12: Radiographs show OPLL. Next study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
CT cervical spine without contrast	8	Best for depiction of osseous masses.	• • •
MRI cervical spine without contrast	7	Best for depiction of myelopathy, disc herniation.	0
X-ray myelography cervical spine	2		***
CT cervical spine with contrast	1		• • •
CT cervical spine without and with contrast	1		***
MRI cervical spine without and with contrast	1		0
Tc-99m bone scan with SPECT neck	1		***
Facet injection/medial branch block cervical spine	1		**
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level

### **<u>Clinical Condition:</u>** Chronic

**Chronic Neck Pain** 

<u>Variant 11:</u>
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Prior C-spine surgery (including ACDF) with radiographs showing no complication. Next study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
CT cervical spine without contrast	7	CT best examination to assess for hardware complication, extent of fusion.	***
MRI cervical spine without contrast	5		0
X-ray myelography cervical spine	2		***
Tc-99m bone scan with SPECT neck	2		***
CT cervical spine with contrast	1		<del>\$</del> <del>\$</del> <del>\$</del>
CT cervical spine without and with contrast	1		***
MRI cervical spine without and with contrast	1	Unless there is a concern for infection.	0
Facet injection/medial branch block cervical spine	1		& <del>&amp;</del>
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level

### Variant 12: Radiographs show OPLL. Next study.

Radiologic Procedure	Rating	Comments	<u>RRL*</u>
CT cervical spine without contrast	8	Best for depiction of osseous masses.	<b>\$ \$ \$</b>
MRI cervical spine without contrast	7	Best for depiction of myelopathy, disc herniation.	0
X-ray myelography cervical spine	2		<del>\$ \$ \$</del>
CT cervical spine with contrast	1		<b>* * *</b>
CT cervical spine without and with contrast	1		***
MRI cervical spine without and with contrast	1		0
Tc-99m bone scan with SPECT neck	1		<b>~~~</b>
Facet injection/medial branch block cervical spine	1		<b>&amp; &amp;</b>
Rating Scale: 1,2,3 Usually not appropriate; 4,5,6 May be appropriate; 7,8,9 Usually appropriate			*Relative Radiation Level

### Literature Review

entity, since patients with WAD will fit into one of the

These guidelines apply to imaging of patients with

chronic neck pain regardless of the etiology (trauma,

~ of any age with chronic neck pain without or

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radiographic examination

h WAD [7,18,19,22,24,25,27]

1 open mouth, both

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seven categories listed.

arthritis, neoplasm):

Summary

ACR

Table 1, Quebec Task Force Classification of Whiphath-Associated Disorders (WAD) [6,7] CHRONIC NECK PAIN No physical signs. Nock complaint of pain, stiffness, or on Musculoskeletal Imaging, MD; Barbera N. Weiseman, MD; MD, MPH; Erin Arnold, MD; D; D. Lee Bennett, MD, MA; Grade Bieland H. Daffner, MD<sup>2</sup>, Burberg N. Weiseman, MD<sup>2</sup>, Peter D. Angevine, MD., MPH<sup>2</sup>, Ernnt, MD, MD<sup>2</sup>, Lumi Bancenle, MD<sup>2</sup>, D. Lee Bernen, MD, MD<sup>2</sup>, Judy S. Blair Fries, MD<sup>2</sup>, Langung S. Lueby, MD<sup>2</sup>, Jun A. Jacobarts, MD<sup>2</sup>, Jonathan S. Rueby, MD<sup>2</sup>, William B. Mortischer, MD<sup>2</sup>, Daraffer Schweitzer, MD<sup>2</sup>, Unberline C. Roberts, MD<sup>2</sup>, Juny Mark E. W. Suller, MD<sup>2</sup>, Landreitz C. Roberts, MD<sup>2</sup>, Juny M, Kurt, MD<sup>2</sup>, Landreitz C. Roberts, MD<sup>2</sup>, Juny M, Witter S. Willer, MD<sup>2</sup>, Landreitz C. Soleger, MD<sup>2</sup>, Juny M, Witter W. MD<sup>2</sup>, Miller S. Taljanović, MD<sup>2</sup>, Juny M, Mark W. MD<sup>2</sup>, Miller S. Taljanović, MD<sup>2</sup>, Juny M, Mark W. MD<sup>2</sup>, Miller S. Taljanović, MD<sup>2</sup>, Juny M, Mark W. MD<sup>2</sup>, Miller S. Taljanović, MD<sup>2</sup>, Juny M, Mark W. MD<sup>2</sup>, Miller S. Taljanović, MD<sup>2</sup>, Marker W. Markow, MD<sup>2</sup>, Markow, MD<sup>2</sup>, Markow, Markow, MD<sup>2</sup>, Markow, MD<sup>2</sup>, Markow, MD<sup>2</sup>, Markow, MD<sup>2</sup>, Miller S. Taljanović, MD<sup>2</sup>, Markow, MD<sup>2</sup>, Markow, MD<sup>2</sup>, MD<sup>2</sup>, Markow, MD<sup>2</sup>, M



Conditions include spontyluini Degenerative incodense and sector to previous input Degeneration may also be secondary to previous input In addition a other endogies of demantery discretioni include carolid or vertebral increase include carolid or vertebral increase. Background The paints with chronic neck. Pain presents both any points and memprasis diarements for the chronican II-ing the scale of considerable contraversy in gauge in any or in a chorty: and any the scale of menging in any rest and adjusted on the future of the segment in the scale of the scale of the scale of the scale of the point member of the scale of the scale of the scale point member of the scale of the scale of the scale point member of the scale of the scale of the scale point member of the scale of the scale of the scale point of the scale of the scale of the scale of the scale point of the scale of the scale of the scale of the scale point of the scale of the scale of the scale of the scale point of the scale of the scale of the scale of the scale of the point of the scale of the scale of the scale of the scale of the point of the scale of the scale of the scale of the scale of the point of the scale of the scale of the scale of the scale of the point of the scale of the scale of the scale of the scale of the point of the scale of the scale of the scale of the scale of the point of the scale of the point of the scale of the point of the scale of include carotid or vertebral arter arteriovenous malformations, and tumors.

Orrvive of Impelles Modellets There was inside in the older interact on the new of interaction of the interaction of patients with a strain and pain. Note that the evolution of the evolution interaction of the interaction of the interaction of the degeneration of the interaction of the interaction of interaction of the space of the interaction of the internality in patients with WADE 7.16.191 interaction internality in patients with WADE 7.16.191 interaction of the internality in the review, 2.7 papers are included in an in-ited interaction. untained in rear-end meter vehicle collisions (NVC) as indexed by the second second second second second research in Canada and second second second within a second desaflection of WAD seconding to the Quebec Task force (6.7). particularly in parients with WAD[57.16-19]. For this review, 7.7 parena are included in largest biolography. Three of these parts evaluated stated of at 19.00 particles (19.00 parts), and the state of the 19.00 particles (19.00 parts), and the state of the 19.00 particles (19.00 parts), and state of the state of 10.00 particles (19.00 parts), and state of the optical (19.01 parts), the obser use analysis diseased the embloy of an analy 19.00 parts of the state of the Autom and Parel Chair. Alingherry General Horpark, Panharah.

whiplish The other two studies discussed the etio-neck pain in relation to other contributing factors. neck pain in relation to other contributing factors. Maleil et al. [4] used a representative sample of femilih addis and factor and factor experiment controlling in 10% of men and factor experimen-controlling features of program included previous history of trauma and mental and physical area at work-history of trauma and mental and physical area at workbistory of temma and mental and physical stress at work-ing only by an der Donk et al. [9] confirmed oberentionen by obset missesse in some likely un patient populations that disc discusses in some likely un cause expansions mark but on in women. In päigents win spendschnis, dies found that the researce of pain is cause neck pain in men hut net in women. In patients with synohylonis, ducy found that the presence of pain is pedace more closely to personality traits, neuroticism, and

showed cervical spondylosis, evidence of old trauma or imaging modality to identify the specific level(s) deformity, or bony or disc margin destruction. Scenarios producing symptoms. included patients without and with neurologic signs and Discography is not recommended [1,23]. symptoms. Whiplash was not considered as a separate

· The use of additional imaging procedures should be determined in a case-by-case manner, and the evaluation of patients with chronic neck pain should follow this "tailor-made" approach.

#### Relative Radiation Level Information

Potential adverse health effects associated with radiation exposure are an important factor to consider when selecting the appropriate imaging procedure. Because there is a wide range of radiation exposures associated with different diagnostic procedures, a relative radiation level (RRL) indication has been included for each imaging examination. The RRLs are based on effective dose, which is a radiation dose quantity that is used to estimate population total radiation risk associated with an imaging procedure. Patients in the pediatric age group are -ently higher risk from exposure, both because of

ity and longer life expectancy (relevant to cy that appears to accompany radiation st these reasons, the RRL dose estimate diatric examinations are lower as compared cified for adults (see Table below). Additional A regarding radiation dose assessment for examinations can be found in the ACR ateness Criteria® Radiation Dose Assessment ction document.

Relative Radiation Level*	Adult Effective Dose Estimate Range	Pediatric Effective Dose Estimate Range
0	0 mSv	0 mSv
ø	<0.1 mSv	<0.03 mSv
**	0.1-1 mSv	0.03-0.3 mSv
***	1-10 mSv	0.3-3 mSv
****	10-30 mSv	3-10 mSv
****	30-100 mSv	10-30 mSv

these procedures vary as a function of a number of factors (eg, region of the body exposed to ionizing radiation, the imaging guidance that is used). The RRLs for these examinations are designated as "Varies".

#### Supporting Document(s)

ACR Appropriateness Criteria<sup>®</sup> Overview

ACR Appropriateness Criteria\*

- Procedure Information
- Evidence Table

#### References

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Chronic Neck Pain

rford WH. Neck sprain... F accidents. Jojury 1987; MP. Neck pain: a long 12(1):1-5.

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   Sugar RD, Steinhach LS, Fanney K, MR, Steinhach LS, Fanney K, Steinhach LS argementire diseases in the covical spin Clin V Au 2000; 8(3):471-400-vical spin Octo, C., Hua HL, Niu CC, et al. Corvical Review-tentinion MR imaging: Product-abanson Bit. 2003; 227(1):136-142. Magn Res
- imaging: on BH. Whiplash /
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- ine (Phile Pa 1976) 2006. ana E, Marci n rama a Costa
- and a 15(8) Leak 1183-1188 a AM, Cooper J, Dyer S, ik AO. The Northwick Part lings. Ear
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- study on whiplash / Orthup Sci 2009; fee E1.

- a H. Folvik M. Zw

Summary of Literature Review

Force [6,7].

ie, Brigham & Worren's Hospital, Boston, Massachum

Chronic Neck Pain

### **ACR Appropriateness Criteria**

**Clinical Decision Support** 

- Evidence based
- Multidisciplinary
- Up to date
- Free resource

<u>www.acr.org/ac</u>



### **ACR Appropriateness Criteria**

**Clinical Decision Support** 

- Evidence based
- Multidisciplinary
- Up to date
- Free resource

www.acr.org/ac

### Use the radiologists as a resource also!





## How do you ensure the best imaging interpretation for your patients?

### By giving us an appropriate study indication



# What to write in the study Indication?

- Concise summary statement that clearly spells out the clinical picture and your reason for ordering the study
  - Symptoms and Signs (use qualifiers!)
  - Duration
  - Relevant PMH (NOTE: prior cancer or immune compromise ALWAYS is relevant, as are key surgeries)

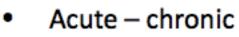


### Ē

### For the Consult

### Use Qualifiers

- They shape DDx
- They support decision making
- They SAVE time, money, and radiation



- Local systemic
- Sudden gradual
- Immediate delayed
- Constant intermittent
- Mild severe
- Unilateral bilateral
- Left-sided right-sided
- Upper lower
- Localized diffuse
- At rest with activity
- Painful painless
- Sharp dull
- Tender non-tender
- Exudative non-exudative
- Productive non-productive
- Blanching non-blanching
- Pruritic non-pruritic





### • This ensures

- Proper protocoling of the study
- Appropriate attention to the area of interest





# Which indication is best for the patient?

### Intern "Dr Speedy"

• Dx Abdominal pain

Intern "Dr. Deliberate"

- Dx Acute onset colicky abdominal pain in right flank
- Suspicion of renal stone disease





# Which indication is best for the patient?

### Intern "Dr Speedy"

- Dx Abdominal pain
- (no clinical question)

Intern "Dr. Deliberate"

- Dx Acute onset colicky abdominal pain in right flank
- Suspicion of renal stone disease



### Which consult helps patient care?

### Intern "Dr Speedy"

- Dx Abdominal pain
- (no clinical question)

Intern "Dr. Deliberate"

- Dx Acute onset colicky abdominal pain in right flank
- Suspicion of renal stone disease

Noncontrast CT Renal Calculus Scan

## "R/O\_\_\_\_\_" is NOT an

- appropriate indication!
- Based on a guess rather than the FACTS (symptoms)
- Adds to cost of care

   Insurers may not reimburse "R/O\_\_\_\_\_"
- Not Professional



r/o stroke	
r/o mets	
r/o pathology	
r/o trauma	
r/o PE	



r/o stroke	36year old woman on oral contraceptives w new weakness left side. Clin ? is stroke
r/o mets	
r/o pathology	
r/o trauma	
r/o PE	



r/o stroke	36year old woman on oral contraceptives w new weakness left side. Clin ? is stroke
r/o mets	52year old woman w breast ca and new headache. Clin ? Is metastasis
r/o pathology	
r/o trauma	
r/o PE	



r/o stroke	36year old woman on oral contraceptives w new weakness left side. Clin ? is stroke
r/o mets	52year old woman w breast ca and new headache. Clin ? Is metastasis
r/o pathology	61year old man with chronic fever and weight loss. Clin ? Is tumor
r/o trauma	
r/o PE	



r/o stroke	36year old woman on oral contraceptives w new weakness left side. Clin ? is stroke	
r/o mets	52year old woman w breast ca and new headache. Clin ? Is metastasis	
r/o pathology	61year old man with chronic fever and weight loss. Clin ? Is tumor	
r/o trauma	(if there is trauma, Just say <u>what</u> <u>happened</u> ) 18 year old man in mvc c/o abdominal pain	
r/o PE		



r/o stroke	36year old woman on oral contraceptives w new weakness left side. Clin ? is stroke
r/o mets	52year old woman w breast ca and new headache. Clin ? Is metastasis
r/o pathology	61year old man with chronic fever and weight loss. Clin ? Is tumor
r/o trauma	(if there is trauma, Just say <u>what</u> <u>happened</u> ) 18 year old man in mvc c/o abdominal pain
r/o PE	25year old woman postpartum new onset sob. Clin ? Is PE



### Learn from others' mistakes...

- Daily CXR
- MICU patient
- Intubated
- f/u
- Abnormal finding on diagnostic imaging of other specific body structures
- /Increased
- New symptoms

### How much does imaging cost?



### Charges

### Common procedure charges- XRAY

PROCEDURE	GLOBAL	PROFESSIONAL
X ray Ankle- 3 views	\$100	\$25
X ray Knee- 1 or 2 views	\$100	\$30
X ray Chest- 2 views	\$100	\$40



### Charges

### Common procedure charges- Ultrasound

PROCEDURE	GLOBAL	PROFESSIONAL
Ultrasound- Thyroid	\$430	\$95
Ultrasound- Carotid	\$750	\$180
US- OB- > 12 weeks	\$530	\$180



### Charges



### Common procedure charges- CT

PROCEDURE	GLOBAL	PROFESSIONAL
CT-Brain w/o contrast	\$550	\$120
CT- Brain w/ and w/o	\$750	\$180
CT- Abd/Pelvis w/o contrast	\$650	\$250

\*\*\*New combined CT code, reimbursement down by \$200-\$400 per scan

# Charges

## • Common procedure charges- MRI

PROCEDURE	GLOBAL	PROFESSIONAL
MRI- Spinal canal and contents, cervical w/o contrast	\$1500	\$300
MR- Spinal canal and contents lumbar w/o contrast	\$1500	\$250
MR- Spinal canal and contents thoracic w/o contrast	\$1500	\$300

· Jours

# Charges

## • Common procedure charges- **PET**

PROCEDURE	GLOBAL	PROFESSIONAL
PET- WB head to thigh	\$3300	\$400
PET- WB head to toes (Melanoma)	\$3400	\$420
PET- Brain Scan	\$2600	\$250

r y y





## How do I contact the radiologists?



# The radiologists are here to help you!

- Please page or call us at any time to discuss appropriate imaging ordering
- Come to the reading room to view the images with us
- We are available 24/7



## How to contact us...

**WVU**Medicine

Email Password Support Submit an IT Ticket Login On Call Directory CONNECT

# **C**ONNECT

#### N

Mission, Vision & Values

Standards of Behavior

Policies and Protocols

Leadership

HR, Training & Discounts

Health, Wellness & Rx Delivery

Departments

Safety Reports

**Quality & Service** 

#### News

## WVU Medicine helping MTEC fill crucial position

WVU Medicine is partnering with the Monongalia County Technical Education Center (MTEC) to recruit for its surgical technician instructor position.

### Telestroke saves precious minutes for Davis woman

It was around 2:30 a.m. on a Saturday morning, and Josephine Pregley, 60, of Davis, couldn't move. Her visiting grandchildren were piled on her bed, so she had moved to the second bedroom to get some sleep.



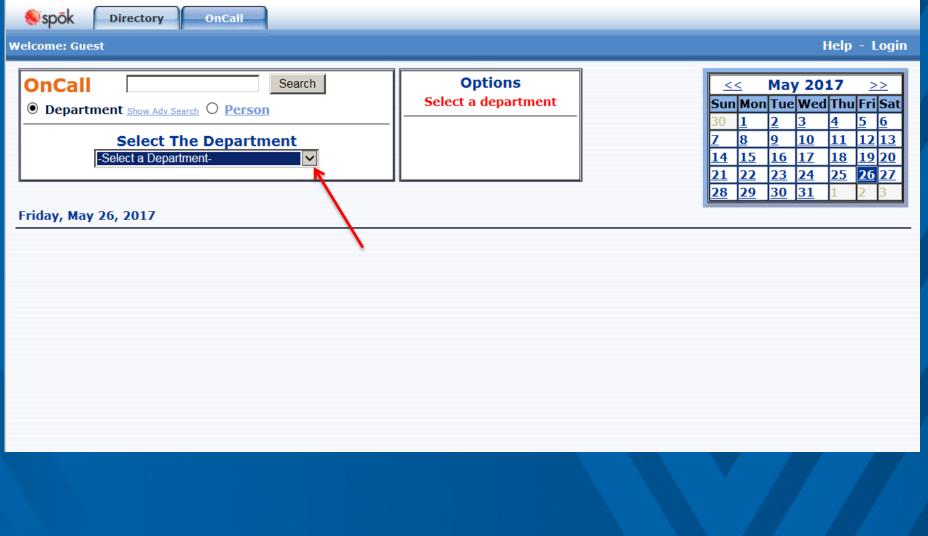




### **CONNECTions**











Friday, May 26, 2017

OnCall Group Page

Name	Start Time	End Time	Notes Hide All Notes	Role	Call Order	Pager
Robert Grammer	May 26 8:00 AM	May 26 4:00 PM	Scheduled Notes	Resident	1	Alpha Pager
			Personal Notes			
			Department Notes			
<u>Visad Patel</u>	May 26 8:00 AM	May 26 4:00 PM	Scheduled Notes	Resident	1	Alpha Pager
			Personal Notes			
			Department Notes			
Lana Winkler	May 26 8:00 AM	May 26 4:00 PM	Scheduled Notes	Staff	2	Alpha Pager
			Personal Notes			
			Department Notes			

Day: Choose section....Chest, Neuro, MSK, etc • Evening/Nights/Weekends: Radiology ER, **Radiology** Call

## Or stop by...

- 3<sup>rd</sup> floor Ruby
- Multiple separate reading rooms





## In conclusion, for your patients..

Order the appropriate study



## In conclusion, for your patients..

- Order the appropriate study
- Give an appropriate indication/history



## In conclusion, for your patients..

- Order the appropriate study
- Give an appropriate indication/history
- When in doubt, ask your friendly radiologist!





# Thanks for your attention and Welcome to WVU!

