

**WVU Department of Behavioral
Medicine and Psychiatry
2017 Child and Adolescent
Behavioral Health Conference**

Please check one location:

☐ Princeton, July 14, 2017
Mercer Co. Technical Education Center
Seminar Center
1397 Stafford Dr.

☐ Parkersburg, September 29, 2017
West Virginia University Parkersburg
Main Building
300 Campus Dr.

Please print legibly. One registration per form.

Name: _____

Agency: _____

License: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Registration Costs: \$75.00

***Discounted Rate** available for
WVUMedicine employees
WVUMedicine/WVU Affiliates,
WVDHHR employees. Contact Swapna
King, conference coordinator for details.

Make checks payable to:
West Virginia University
Credit Cards accepted: American Express,
Visa, Mastercard, or Discover. Please call
with information.

**Mail to: Chestnut Ridge Center
Community Relations
930 Chestnut Ridge Rd.
Morgantown, WV 26505**

**Conference Coordinator:
Swapna King
kingsw@wvumedicine.org
Office 304-598-6422
Fax 304-598-6113**

**This conference series will be beneficial for
pediatricians, family medicine physicians,
physician assistants, nurses, social
workers, licensed practicing counselors,
psychologists, and other professionals
working with children and adolescents.**

Continuing Medical Education

The West Virginia University School of Medicine is
accredited by the Accreditation Council for
Continuing Medical Education to provide continuing
medical education for physicians.

The WVU Office of CME designates this live
activity for a maximum of 6 *AMA PRA Category 1
Credits*™. Physicians should claim only the credit
commensurate with the extent of their participation
in the activity.

Nursing Education

This continuing education activity has been provided
by the West Virginia University School of Nursing
for 7.2 contact hours. The West Virginia University
School of Nursing is an approved provider of
continuing education by the State of West Virginia
Board of Examiners for Registered Professional
Nurses, Legislative Rule §19CSR11-4 under provider
number WV1996-0120RN.

Allied Health Professionals

Approved for 6 continuing education hour by the
WV Board of Social Work Examiners Provider
#49080, the WV Board of Examiners of Psychology,
and the WV Board of Examiners in Counseling #535
and the West Virginia Certification Board of
Addiction and Prevention Professionals.

Disclosure

All those in a position to control content of this
program have indicated that they have no relevant
interests to disclose.



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Chestnut Ridge Center
930 Chestnut Ridge Rd., Morgantown, WV 26506
www.wvumedicine.org



Child and Adolescent Behavioral Health Conference Series

Featured WVU Behavioral Medicine and Psychiatry & WVUMedicine Speakers

- * **Erica Arrington, MD** *Associate Professor, Child & Adolescent Psychiatry, Medical Director - Adolescent Residential Program*
- * **Michael Bellisario, RN** *Residential Services Coordinator, Chestnut Ridge Center*
- * **Benjamin Hines, MD** *Child & Adolescent Psychiatry Fellow*
- * **Laura Lander, MSW, LICSW** *Assistant Professor, Social Work Section Chief & Addiction Therapist*
- * **Kari-Beth Law, MD** *Assistant Professor, Telepsychiatry, Adult, Child & Adolescent, and Forensic Psychiatry*
- * **Amanda Newhouse, MSW, LICSW** *Child & Adolescent Clinical Therapist, Certified PCIT and IMH*
- * **Lauren Swager, MD** *Associate Professor, Director of Child & Adolescent Psychiatry Fellowship*

Agenda

8:00am-8:30: Registration

8:30am- 9:30am: Compassion Fatigue

Benjamin Hines, MD

Following this session, participants should be able to: Recognize the definition and symptoms of burnout and compassion fatigue in the treatment setting for providers. Identify ways to detect, intervene, and prevent symptoms of compassion fatigue.

9:30am-10:30am: Substance Use Disorders in Pregnancy

Laura Lander, MSW, LICSW

Following this session participants should be able to: Establish a knowledge base regarding the impact of specific substance use on the developing fetus. Discuss the special needs of pregnant women with substance use disorders. Identify treatment options for pregnant women with substance use disorders. Special considerations when working with this population will be discussed and treatment options will be explored. Medication-assisted treatment will be discussed in depth.

10:30am- 10:45am: Break

10:45am-11:45am: Impact of Parental Substance Abuse on Children's Development

Lauren Swager, MD

Following this session, participants should be able to: Discuss the proposed mechanisms of parental substance use disorders effect on children. Recognize physical and cognitive effects that encompass Fetal Alcohol Spectrum disorders. Discuss how the treatment of parental substance use disorders can benefit childhood pathology.

11:45am-1:00pm: LUNCH and LEARN

****LUNCH PROVIDED****

Panel of Featured Speakers

Following this session, participants should be able to: Identify clinical and practice challenges as well as intervention strategies for difficult cases. Please bring your own clinical cases to discuss with panel.

1:00pm-2:00pm: Fostering Social Emotional Developments in the Parenting Dyad

Amanda Newhouse, MSW, LICSW

Following this session, participants should be able to: Illustrate ways to effectively educate parents/caregivers and providers in promoting healthy social/emotional development in newborns and young children. Apply treatment interventions to assist in promoting healthy social emotional development. Recognize developmental stages and how the caregiver dyad impacts those stages. Discuss how relationships, communication, and stimulation are critical when promoting positive prosocial development.



2:00pm - 2:15pm: Break

2:15pm - 3:15 pm: Bullying, Social Media and Its Impact on Teens

Erica Arrington, MD and Michael Bellisario, RN

Following this session, participants should be able to: Discuss how to detect when teens are bullied in person and on social media. Discuss how to get help for teens who are greatly impacted by bullying and social media. Discuss other high-risk teen behaviors including sexting, cutting/self-injury.

3:15pm: Conclusion of Conference

Return Conference Evaluations and Certificates Available (SW, LPC, Psychology only). Nursing and CME provided by WVU HSC Office of Continuing Education via email.