



43rd Annual Hal Wanger Family Medicine Conference

September 14-15, 2017

**Holiday Inn Morgantown
1188 Pineview Drive
Morgantown, WV 26505**

West Virginia University School of Medicine
Department of Family Medicine

West Virginia University School of Nursing

WVU vs. Delaware State
Saturday, September 16, 2017

www.ce.wvu.edu

The Beginnings

Halvard Wanger, MD

In 1956, Dr. Halvard Wanger organized an extensive scientific assembly to celebrate the Eastern Panhandle Medical Association's 50th anniversary.

Participants praised the Potomac-Shenandoah Postgraduate Institute's outstanding speakers, who had been invited because senior students at medical colleges in the Eastern United States voted them best lecturers in their respective fields. This method for developing a roster of outstanding lecturers worked very well, and subsequent Institutes drew many participants.



Dr. John Traubert (center), enjoying his Hal Wanger apple with Dr. David Hunter (left) and Dr. William Wanger (right) at the 2nd Annual Hal Wanger Family Medicine Conference.

Dr. Wanger directed the annual Institute through 1974. When Dr. Wanger cancelled the Institute in 1975 because of health reasons, the West Virginia University Department of Family Medicine assumed responsibility for continuing the fall conference. Dr. John Traubert, then the newly appointed Chair of Family Medicine, assumed the role of course director for the newly named Hal Wanger Family Medicine Conference, held at West

Virginia University.

Since the original setting of the Postgraduate Institute was West Virginia's Eastern Panhandle, local orchards supplied apples for refreshments, a tradition that has been continued at West Virginia University.

Dr. Traubert considered Dr. Wanger the "founding father" of continuing medical education in West Virginia. This assessment is widely shared by medical peers throughout West Virginia. West Virginia University is proud to carry on the legacy begun by Dr. Hal Wanger, a leader and pioneer in continuing medical education.

Upon Dr. Traubert's retirement, the conference continued under the direction of Dr. James Arbogast and Dr. Anne Cather for 15 years. Now the conference has entered a new era under the leadership of Chairman, Dr. Dana King, Dr. Anne Cather, and Dr. Erika Bodkins.

Registration Information

To register, please visit the WVU Family Medicine website at

<http://medicine.hsc.wvu.edu/fammed/> (right click, select open hyperlink). Or call either (304) 285-7089/ (304) 285-7082. Registration is requested by September 7, 2017.

Course Fees

Physicians

	<u>Before 8/18</u>	<u>After 8/18</u>
Thursday only registration includes lectures, dinner/poster presentations, (<i>optional evening workshop is an additional \$25 fee</i>)	\$175	\$195
Friday only registration includes breakfast, lectures & lunch(with 2 optional lunch discussions) ▪ Patient Centered Medical Home(PCMH) 2017 ▪ 2017 Medicare Wellness Exams	\$175	\$195
Thursday & Friday registration includes all of the above	\$295	\$325

Other Health Care Providers: PA, NP, Nurses, WVU Retired Faculty & WVU Courtesy/Clinical Faculty

Course Fees

	<u>Before 8/18</u>	<u>After 8/18</u>
Thursday only registration includes lectures, dinner/poster presentations, (<i>optional evening workshop is an additional \$25 fee</i>)	\$145	\$165
Friday only registration includes breakfast, lectures & lunch(with 2 optional lunch discussions) ▪ Patient Centered Medical Home(PCMH) 2017 ▪ 2017 Medicare Wellness Exams	\$145	\$165
Thursday & Friday registration includes all of the above	\$225	\$245

Program and Objectives
Thursday, September 14, 2017

11:00-12:30pm	Registration & Lunch
12:30-12:45pm	Welcome & Opening Remarks
12:45-1:20pm	State of Drug Abuse and Management in WV – Karen Bowling, FACHE, CFNP Discuss the trends and challenges of drug abuse and management options impacting family physicians in WV
1:20-1:55pm	Primary Care Approach to Pediatric Abdominal Pain – Jeffrey Lancaster, MD Explore the most common causes of and treatment recommendations for abdominal pain in the pediatric population
1:55-2:30pm	Contraceptive Management 2017 – Kendra Unger, MD Discuss the indications for and common potential side effects of the contraceptive options
2:30-3:00pm	PM Break
3:00-3:35pm	Interpretation of Drug Testing Results – Danyel Tacker, PhD Describe the key points and common misconceptions of drug test interpretation
3:35-4:10pm	Sports Medicine Pearls for Primary Care – Natasha Harrison, MD, MPP Incorporate suggestions into your care for sports minded patients
4:10-4:45pm	Dermoscopy – Josh Cusick-Lewis, MD, MPH Recognize the advantages and discuss the when, why and how of using a dermoscope in your practice
4:45-6:00pm	Dinner & Poster Presentations

Concurrent Workshops

6:00-8:00pm:	Joint Injections- When, Where and How – Gaetano Monteleone, MD Employ injectable treatment options for the knee and shoulder joints by reviewing joint anatomy, indications for joint injections, and proper injection technique
6:00-8:00pm:	X-Ray Interpretation – Jennifer Koay, MD & Cara Bryan, MD Test your interpretative skills in common x-ray findings
6:00-9:00pm:	KSA: Well Child Care – G. Anne Cather, MD Compare your knowledge of well child care with ABFM questions

Friday, September 15, 2017

7:00-8:15am	Registration & Breakfast
8:15-8:25am	Welcome & Opening Remarks
8:25-9:00am	Asthma Therapy – Charles D. Ponte, BS, PharmD, FAADE, FAPhA, FASHP, FCCP, FNAP Improve your approach to asthma therapy
9:00-9:35am	Celiac Disease- Diagnosis and Treatment – Justin Kupec, MD Describe the latest recommendations for the evaluation and treatment of patients with Celiac disease

9:35-10:10am	Physician Burnout and Resiliency – George Harris, MD, MS Identify factors that contribute to physician burnout and develop preventative tactics for burnout to restore the physician to a higher quality of life
10:10-10:25am	AM Break
10:25-11:00am	Bipolar Disorder- A Primary Care Approach to Diagnosis and Treatment – Walter Byrd, MD Appropriately utilize the latest advances in diagnosis and treatment options for bipolar disorder
11:00-11:35am	Primary Care Approach to Low Back Pain – Benjamin Moorehead, MD Incorporate a practical approach to the diagnosis and treatment of low back pain
11:35-12:10pm	NASH – Kevin Mullen, MD Identify recommendations for the initial evaluation and treatment of patients with NASH
12:10-1:15pm	Lunch
12:10-1:15pm	<u>Lunch & Learn Table Top Discussions:</u> 1. Patient Centered Medical Home (PCMH) 2017 – Karen Fitzpatrick, MD Describe the newest challenges and advantages of the Patient Centered Medical Home 2. 2017 Medicare Wellness Exams – Rachelle Peklinsky, MSN APRN, FNP-BC Discuss the key points in performing a complete Medicare Wellness Exam and why it is important for your practice
1:15-1:50pm	Family Medicine Management of Common Conditions During Pregnancy – Carl Shrader, MD, PhD Incorporate the latest advances in the evaluation and appropriate treatment of the most common conditions during pregnancy- the family physician's role
1:50-2:25pm	Hepatitis C- Approach to Screening, Diagnosis and Management – John Guilfoose, MD Identify an approach to screening, diagnosis and management of Hepatitis C
2:25-3:00pm	Bariatric Surgery- Primary Care Management Before and After Surgery – Nova Szoka, MD Identify the key points in evaluating and managing patients before and after bariatric surgery
3:00-3:25pm	PM Break
3:25-4:00pm	New GOLD Guidelines Update for COPD and Community Acquired Pneumonia – Dana E. King, MD, MS Discuss recent GOLD updates for treatment of COPD and CAP
4:00-4:35pm	Initial Approach to Chest Pain – Jason Moreland, MD, FACC, FSCAI Institute a logical initial approach to the patient with suspected cardiac chest pain
4:35-5:10pm	New Guidelines for Lipids and Hypertension – Erika Bodkins, MD Describe newest guidelines in the diagnosis and treatment of hyperlipidemia and hypertension
5:10-5:15pm	Adjourned

Conference Overview and Target Audience:

This year's conference will present an array of outstanding lectures on a variety of topics of interest to family physicians, nurses and other healthcare providers. Our WVU School of Medicine faculty will discuss primary care topics including interpretation of drug testing results, physician burnout and resiliency, initial approach to chest

pain, colorectal cancer screening, NASH, and others. In addition, there will be evening workshops on joint injections, x-ray interpretation, and a KSA Workshop on well child care. The included agenda lists each topic, the lecturer and expected learning objectives.

KSA:

This simplifies the MC-FP Part II requirement by conveniently fulfilling the knowledge portion of the "Well Child Care" KSA as a group. We will complete the 60 core competency questions. To complete the entire KSA and earn CME, you will also need to complete a clinical simulation separately on the ABFM website (separate fee).

A minimum enrollment of five people is required or the KSA may be cancelled.

Registration:

To join us for the 43rd Annual Hal Wanger Family Medicine Conference, please complete the registration form found at the Family Medicine website <http://medicine.hsc.wvu.edu/fammed/>. Deadline to register is September 7, 2017.

Cancellations:

Important: If you are unable to attend the conference after you have registered, you must notify us in writing by September 7, 2017, to receive a refund. No refunds for conference fees will be made after September 7, 2017. A \$25 fee will be charged for all cancelled registrations after September 7, 2017. We reserve the right to cancel individual sessions or the entire conference. In the event of a conference cancellation, a full tuition refund will be made.

Location:

The Holiday Inn Morgantown is located on 1188 Pineview Drive, Morgantown, WV 26505.

Lodging:

For your convenience, a block of hotel rooms with a discounted rate have been reserved at Holiday Inn Morgantown for Wednesday, September 13, 2017 through Sunday, September, 17, 2017. All reservations should be made no later than Friday, August 25, 2017 to obtain the discounted rate. After this date, rooms will be available on a space and rate availability basis only. You can contact Holiday Inn Morgantown at 304-241-6649 to make your reservation. Be sure to reference the group code "Hal Wanger" for the discounted rate.

Additional Information:

In case of an emergency during the conference please call the WVU Medicine Administration at 304-285-7089; or if you need additional information call the Department of Family Medicine at 304-598-6920 or log onto the Family Medicine website: <http://medicine.hsc.wvu.edu/fammed/>

West Virginia University is an Equal Opportunity/Affirmative Action Institution. The University does not discriminate on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color or national origin. Inquiries may be directed to the Executive Officer for Social Justice, 105 Stewart Hall, Office of the President, 304-293-5496.

Disclosure Statement

In accordance with the ACCME requirements on disclosure, all those in a position to control content have indicated that they do not have any relevant interests to disclose.

Course Credit (at Press Time):

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 13.00 *AMA PRA Category 1 Credits*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, 43rd Annual Hal Wanger Family Medicine Conference, with a beginning date of 09/14/2017, has been reviewed and is acceptable for up to 21.75 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the West Virginia University School of Nursing for 15.5 contact hours. The WVU School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislature Rule §19CSR11-4 under provider number WV1996-0120RN.

Conference Speakers:

Erika Bodkins
Assistant Professor
Dept. of Family Medicine
Morgantown, WV

Karen Bowling, FACHE, CFNP
Vice President, Care Delivery & Transformation
WVU Medicine
Beckley, WV

Cara Bryan, MD
Assistant Professor
Dept. of Radiology, Abdominal Imaging
Morgantown, WV

Walter Byrd, MD
Associate Professor
Medical Director, CRC Psychiatric Intensive Care
Dept. of Behavioral Medicine & Psychiatry
Morgantown, WV

G. Anne Cather, MD
Professor, Family Medicine
Dept. of Emergency Medicine/Family Medicine
Morgantown, WV

Joshua Cusick-Lewis, MD, MPH
Assistant Professor
Dept. of Family Medicine
Charleston, WV

Karen M. Fitzpatrick, MD
Fellowship Director, Patient Centered Medical Home
AVP & Medical Director, Quality and Ambulatory
Informatics
Dept. of Family Medicine
Morgantown, WV

John Guilfoose, MD
Assistant Professor
Dept. of Medicine
Morgantown, WV

George Harris, MD, MS
Professor & Chair
Dept. of Family Medicine, Eastern Division
Harpers Ferry, WV

Natasha Harrison, MD, MPP
Assistant Professor
Dept. of Orthopaedics
Morgantown, WV

Dana E. King, MD, MS
Professor & Chair
Dept. of Family Medicine
Morgantown, WV

Jennifer Koay, MD
Assistant Professor
Dept. of Radiology, Musculoskeletal Radiology
Morgantown, WV

Justin Kupec, MD
Assistant Professor
Dept. of Medicine
Morgantown, WV

Jeffrey Lancaster, MD
Associate Professor
Chief, General Pediatric Hospitalist Medicine
Dept. of Pediatrics
Morgantown, WV

Gaetano P. Monteleone, MD
Director, Sports Medicine
Dept. of Family Medicine
Morgantown, WV

Benjamin Moorehead, MD
Assistant Professor
Dept. of Orthopaedics
Morgantown, WV

Jason Moreland, MD, FACC, FSCAI
Assistant Professor
Director, Assistant Cath Lab
Heart and Vascular Institute- Morgantown
Dept. of Medicine & Cardiovascular and Thoracic
Surgery
Morgantown, WV

Kevin Mullen, MD
Section Chief of Digestive Diseases
Dept. of Medicine
Morgantown, WV

Rachelle Peklinsky, MSN, APRN, FNP-BC
Nurse Practitioner
Associate Director of Quality & Care Coordination
Dept. of Family Medicine
Morgantown, WV

Charles D. Ponte, BS, PharmD, RPh, BC-ADM, BCPS, CDE,
CPE, FAADE, FAPhA, FASHP, FCCP, FNAP
Professor
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Carl Shrader, MD, PhD
Assistant Professor
Associate Residency Director
Dept. of Family Medicine
Morgantown, WV

Nova Szoka, MD
Assistant Professor
Dept. of Surgery
Morgantown, WV

Danyel Tacker, PhD
Associate Professor
Director, Clinical Chemistry
Dept. of Pathology
Morgantown, WV

Kendra Unger, MD
Assistant Professor
Dept. of Family Medicine
Morgantown, WV