West Virginia Law, Ethics and Supportive Care Consults

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# Family wants "everything."

- Frail 96 yo woman admitted c MI in pulmonary edema.
- Has inoperable severe AS and 3 ° HB with a pacemaker.
- Ischemic cardiomyopathy with EF 15%
- 3<sup>rd</sup> hospitalization in 6 months
- Hypotensive and oliguric. Started on pressors.
- Tachypneic. BUN and Creatinine rise to 53 and 1.7.
- Nephrology declines to dialyze because pt is too unstable.
- Family irate and requests "everything" including dialysis
- Claim age discrimination. Patient lacks DMC.
- What should you do?

# Ethics or Supportive Care Consult?

# Objectives

- Provide an example of ethics consultation
- Identify the indications and common reasons for an ethics consultation
- Highlight WV-specific health care lawadvance directives, DNR, health care surrogate, and POST form
- Present an example of supportive care consultation
- Introduce the treatment limitations order set in Epic

# Most Common Reasons for Ethics Consultation

 Assistance with decision-making about life support, especially when conflict
 Interpretation of advance directives
 Assistance with assessment of capacity

# Decision-Making for Patients without Capacity

Based on Advance Directives with MPOA representative if named according to the Living Will Based on medical orders Physician Orders for Scope of Treatment (POST) Do Not Resuscitate card Based on Best Interests with MPOA representative if named with health care surrogate

#### West Virginia Health Care Decisions Act

# Diagram Health Care Decision-making for Adults

# Does the patient have a medical power of attorney?

#### If not, what should you do?

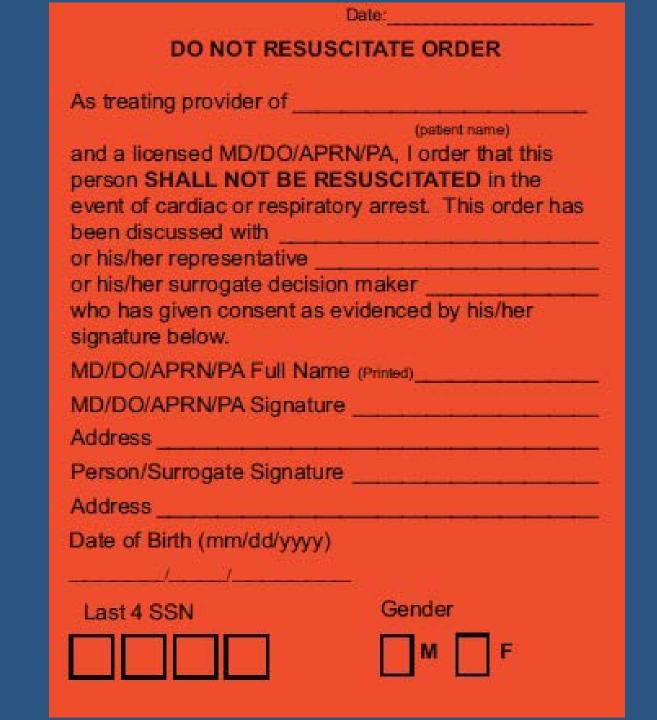
For decision-making for a patient without DMC who has not completed a Medical Power of Attorney or had a guardian appointed,...

A health care surrogate is needed.
Surrogate appointment is to be based on ...
Regular contact with patient
Demonstrated care and concern
Availablity to visit patient and make face-to-face decisions with attending MD

## Surrogate Appointment

Legal protection for MD/DO/hospital
 Use surrogate selection form
 Work with social workers

# West Virginia Do Not Resuscitate Law



# Honoring DNR or POST form orders

If the patient has a validly completed West Virginia DNR Card or a Physician Orders for Scope of Treatment (POST) form indicating Do Not Attempt Resuscitation but a No CPR has yet to be entered, then, provided there are no conflicting directives from the patient, the nursing staff shall respect the patient's wishes as expressed on the DNR card or the POST form and not initiate CPR in the event of cardiac arrest.

## West Virginia Health Care Decisions Act

 Appointment of medical power of attorney representative and successor representative
 Selection of health care surrogate
 Living will statute
 POST form legislation Would you be surprised if the patient died in the next year?

HI	PAA PERMITS DIS	CLOSURE OF POST TO OT	HER HEALTH CARE P	ROFESSIONALS AS N	ECESSARY		
We		Physician Orders	Last Name	First	Middle		
	, these medical orders m	ust be followed until changed. Any	Mailing Address				
section not	completed indicates full	treatment for that section.	City/State/Zip				
REVI	SE ADVANCE DI	RECTIVES AS NEEDED	Date of Birth (mm/dd/yy	yy) Last 4 SSN	Gender		
FOR	CONSISTENCY	WITH POST ORDERS.			MF		
	CARDIOPULMONARY RESUSCITATION (CPR): Person has no pulse and is not breathing.						
Α	Attempt Resuscitation/CPR     When not in cardiopulmonary arrest,						
Check One	Do Not Attempt Resuscitation/DNR follow orders in B, C, and D.						
	— MEDICAL INTERVENTIONS: Person has pulse and is breathing.						
I B	Comfort Measures Treat with dignity and respect. Keep clean, warm, and dry.						
Check One	Use medications by any route, positioning, wound care and other measures to relieve pain and suffering and promote comfort. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. Do not transfer to hospital for life-sustaining treatment.						
	Transfer <u>only</u> if comfort needs cannot be met in current location.						
	Treatment Plan: Maximize comfort through symptom management.  Limited Additional Interventions Includes care described above. Use medical treatment, IV fluids and cardiac monitoring as indicated Do not use intubation or mechanical ventilation. Transfer to hospital if indicated. Avoid intensive care unit.						
		Hospitalite for routine medical treatm		i an an abaniat wastinian	and condition of the		
	indicated. Transf	s Includes care above. Use intubation er to hospital if indicated. Include int	ensive care unit.		and cardioversion as		
	Treatment Plan: I Additional OI	Provide all medically indicated treatm	ent including mechanical ve	ntilation.			
			RITION: Oral fluids and n	utrition must be offered a	tolerated		
	MEDICALLY ADMINISTERED FLUIDS AND NUTRITION: Oral fluids and nutrition must be offered as tolerated.  No IV fluids (provide other measures to assure comfort) No feeding tube						
Check One Box Only	IV fluids for a trial period of no longer than Feeding tube long-term						
in Each							
Column	Additional Orders:						
	Discussed with:						
	Patient/Resident Health care surrogate MPOA representative Spouse     Court-appointed guardian Parent of Minor Other:     Court-appointed guardian Specify						
D	Authorization INITIAL BOX if you agree with the following statement: If I lose decision making capacity and my condition						
_	significantly deteriorates, I give permission to my MPOA representative/surrogate to make decisions and to complete a new form with my MD/DO/APRN/PA in accordance with my expressed wishes for such a condition						
	Desistan Out In		wishes are unknown or not reasonably ascertainable, my best interests. X if you agree to have your POST form, do not resuscitate card, living will and medical				
	Registry Opt-In	power of attorney form (if comp	leted) submitted to the W	V e-Directive Registry and I			
	treating health care providers. REGISTRY FAX - 844-616-1415           Signature of Patient/Resident, Parent of Minor, or Guardian/MPOA Representative/Surrogate (Mandatory)						
	Signature of MD/DO/APRN/PA           MD/DO/APRN/PA Name (Print Full Name)         MD/DO/APRN/PA Phone Number						
	MD/DO/APRM/PA S	mature (Mandatony)	Date and Time				
MD/DO/APRN/PA Signature (Mandatory) Date and Time							
	FORM SHALL A	ACCOMPANY PATIENT/RES	IDENT WHEN TRAN	SFERRED OR DISCHA	RGED		
		, mes					

# The POST Form in West Virginia Code

#### a STANDARD form

- LEGALLY recognized DNR identification
- legal PROTECTION--health care providers are not subject to civil or criminal liability for good faith compliance with or reliance upon POST
- protocol for interinstitutional TRANSFERS

## Use of POST Form

Discharge of patients to...
Nursing Homes
Hospice
Home Health

# Supportive Care Consultation

#### "I want to die at home."

A Supportive Care consult was requested for Harry, a 68 yr. old man w/ end-stage heart disease c CHF. Each time he would get close to being discharged, he got worse. The case manager suggested a supportive care consult to the cardiologist. Harry had been in the hospital four times in the previous month. He had asked his wife "why did you bring me in?" The patient wanted to die at home.

#### "I want to die at home."

Harry was afraid of suffocating, but ready to die. SOB and swelling were main symptoms. He wanted to say good-bye to his out-of-town brothers and sisters. Harry lived with his wife and a daughter. The daughter was not reconciled to her father's dying, requesting home monitoring of O2 sats. His wife was willing to honor Harry's wishes. What should be done?

#### Definition

Palliative care is comprehensive, interdisciplinary care of patients and families facing a chronic or terminal illness focusing primarily on comfort and support.

Billings JA. Palliative Care. Recent Advances. **BMJ** 2000:321:555-558.

Reasons for **Supportive Care Consultation** pain and sx assessment and management assistance in making difficult decisions, usually about continued use or withdrawal of life-sustaining treatment assistance in planning for the most appropriate care setting to meet patient/family goals provision of psychosocial and spiritual support to patients, families, and the health care team

## Epic Comfort Order Set

Comfort/Treatment Limitations
 CPR status
 Treatment Limitations-no intubation, no ICU, no pressors
 Comfort Measures

 Expected to die this admission

 Pain/Other Symptoms
 Chaplain referral

<b>Epic</b> Treatment Limitations		
TREATMENT LIMITATIONS	✓ <u>A</u> ccept	× <u>C</u> ancel
Limit treatment in the NO Antibiotics NO Bipap NO Dialysis NO Escalation of Care NO High Flow Nasal Canula NO Hyperalimentation NO Intubation NO IV Fluid NO Lab Studies NO Routine diagnostic tests NO Supplemental Oxygen NO Transfer to ICU or Stepdown NO Transfer to ICU NO Tube Feedings NO Vasopressors NO X-Rays Other Comments (F6): Click to add text Phase of Care:		
Next Required         Link Order	✓ <u>A</u> ccept	× <u>C</u> ancel

Obtaining Consults

Epic On Call
 Paging

 Ethics
 Supportive
 T 20 c

#### Web Search Links

Health Sciences Center Epic/Clarity Report Request Form WVU Hospitals Epic Systems Clarity Reporting Dictionary Radar E-Learning Module Staff ID's On-Call WVUHealthcare Connect OnCore

Supportive Care – phone 75399 M-F 7:30 am-4:00 pm