

Treatment Plan and Intervention Assignment

Guidelines for assignment:

1. There are 2 sections to this assignment: writing the Treatment Plan and then completing the Summary of Experience after the intervention session.
2. The assignment must be typed.
3. Keep HIPAA Guidelines in mind when completing assignment.
4. Treatment plan should be arranged in an organized fashion and contain complete sentence structure when necessary.
5. The written treatment plan should be done without assistance from the supervisor or other staff at the site. Their comments/ feedback/ revisions are welcome once you have written up the treatment plan.
6. *Treatment plan must be reviewed and signed by your supervisor before intervention session occurs.* Personal reflection section does not need to be signed by supervisor unless student desires.

Areas to address in treatment plan:

I.

- A. Client goal(s) to be addressed: list all that are relevant from initial evaluation/ updated progress notes
- B. Theoretical basis: your opinion of the theories/ frames of reference that will be utilized during the intervention session to address client goal(s). Justify your choices.
- C. Intervention strategies: be thorough in explanation, may be listed. (Your choice of intervention(s) should reflect **occupation-based and client-centered practice**.)
- D. Rationale: look for evidenced-based articles (2) that justify your intervention strategies, provide article reference and brief summary of findings of each article. Also be sure to include a citation for each journal article used.
- E. Anticipated outcome: note what you expect

II. Summary of experience: to be completed after client intervention session

- A. Note any changes you would make: such as explanations, intervention choices, upgrade/ downgrade of activity, etc.
- B. Comment on client receptiveness to intervention choices
- C. Your thoughts on this experience