

familymed

WEST VIRGINIA UNIVERSITY SCHOOL OF MEDICINE

2018 OUTSTANDING RURAL HEALTH STUDENT OF THE YEAR

The West Virginia Rural Health Conference recognizes the accomplishments of outstanding individuals in the field of rural health each year. Lauren Howdershelt was recently selected as the 2018 West Virginia Outstanding Rural Health Student of the Year. This respected honor is awarded to students who initiated and performed activities within the field of rural health.

Upon beginning medical school, Lauren was selected to be part of the WVU School of Medicine's Rural Track Program. Since then, Lauren's awards and accolades highlight the success of her medical school journey. She is a three-time recipient of the WVU Institute for Community and Rural Health Scholarship. She is also a four-time recipient of the West Virginia University School of Medicine Full Tuition Scholarship. These prestigious scholarships recognize the top students who are dedicated to becoming primary care providers in rural or underserved areas of West Virginia.

Lauren takes an active role to make sure her classmates know the importance of rural medicine and embrace all that the state of West Virginia has to offer. She has shown this through her leadership skills, mentorship of classmates and compassion towards a growing need in our state. She has served as vice president of the WVU Rural Health Interest Group and was selected into the School of Medicine's Gold Humanism Honor Society, which recognizes the seven attributes of the humanistic physician.

Lauren was most recently accepted as a WVU Family Medicine Rural Scholar for the entering residency class starting July 2019.

After residency, Lauren hopes to return to her hometown area of Philippi, West Virginia, to practice as a family physician and to continue to provide educational opportunities to students interested in family medicine, just as her mentors have done for her.

She was nominated by Treah Haggerty, MD, MS, Dorian Williams, MD and Heather Hanks, BS.



Lauren Howdershelt pictured with her award.

FROM OUTSTANDING SCHOLARS, TO INCOMING RESIDENTS

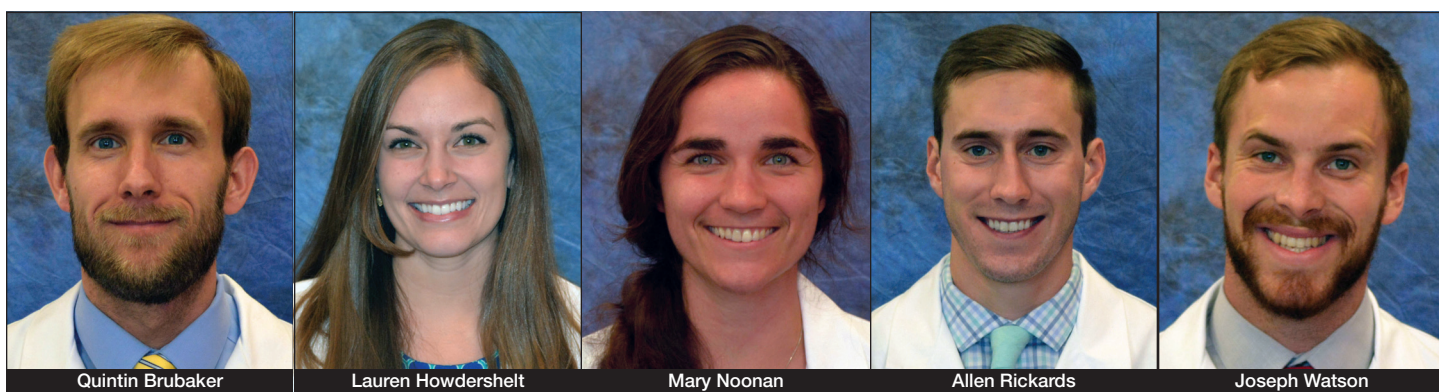
THE FUTURE IS BRIGHT

The WVU Department of Family Medicine Residency Program is pleased to announce the acceptance of five rural scholars into its 2019 entering residency class! Rural Scholars are distinguished by their academic prowess and demonstrated commitment to becoming a rural family physician in West Virginia. These scholars include Quintin Brubaker, Lauren Howdershelt, Mary Noonan, Allen Rickards and Joseph Watson.

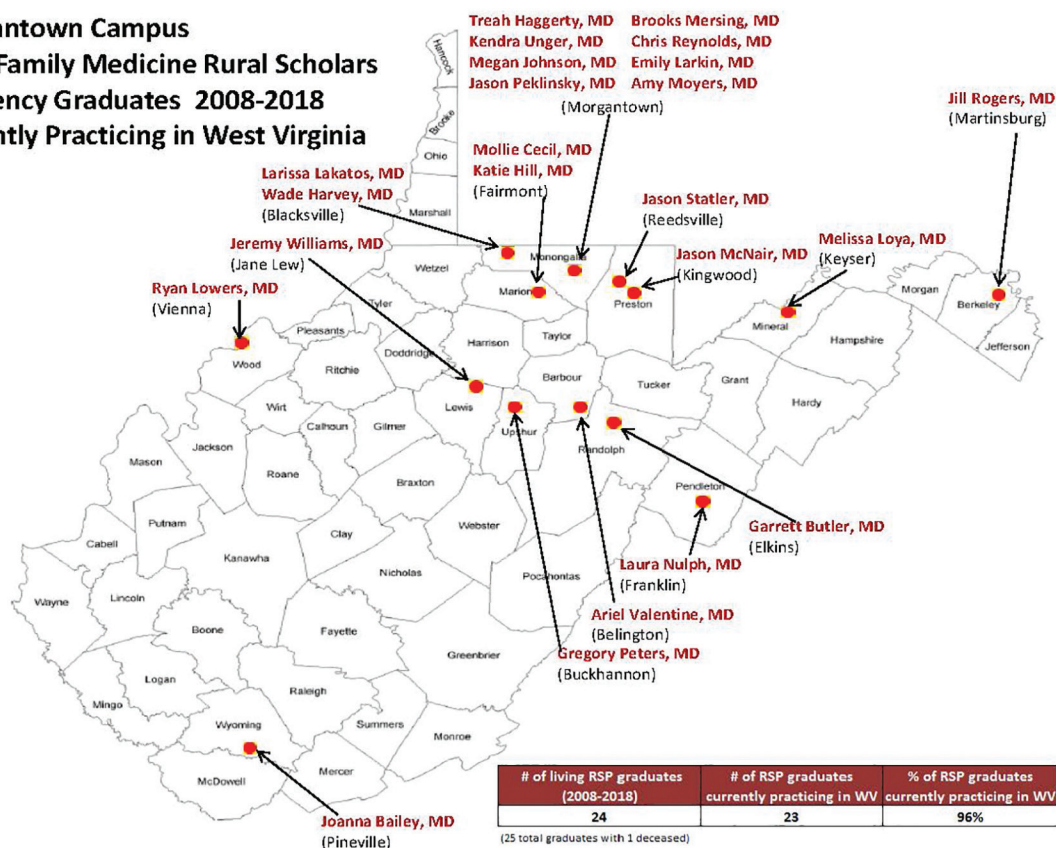
The Rural Scholars Program (RSP) was developed and accepted its initial scholars in 2004 to facilitate family physician recruitment to practice in care-shortage areas in

West Virginia. The RSP permits medical students to integrate into their future residency program, initiate community research projects throughout the state that focus on pertinent health issues and begin to plan their career as a rural West Virginia physician. The ability to sponsor this unique program occurred after receiving a donation from Claude and Stazie Radar as part of an effort to recruit family physicians to practice in West Virginia. It has placed 96% of its twenty-five graduates in West Virginia.

The Residency is thrilled about this incoming Class of 2022!



Morgantown Campus WVU Family Medicine Rural Scholars Residency Graduates 2008-2018 Currently Practicing in West Virginia



NEW FACULTY AND STAFF



Angela Byers, MBA, recently joined the Department in September as the new department manager. “A big part of my choice in family medicine was the great working relationship I had previously with Drs. Selby and Williams,” Byers said. “They always spoke highly of the Department, and it made me want to be part of such a great team.” In her free time she spoils her two cats and dog, practices yoga and likes to travel.



Clinical Psychologist **Barbara Cubic**, PhD, joined the Department in July. She chose her career path after reading a book in high school. “I decided I wanted to be a psychologist when I was in the eleventh grade after taking a class on psychology and reading a book titled, “The Best Little Girl in the World” about a teenage girl with anorexia nervosa,” stated Cubic. She’s new to Morgantown but enjoys sharing in the pride that all the Mountaineers have about being from West Virginia.



Amie Ashcraft, PhD, MPH, joined the Department in July as a clinical researcher. “I have so much respect for the knowledge and training of the physicians in our department, and I hope I can teach them something, too. I used to think I had the best job in the world before, but I was wrong. I have it now,” said Ashcraft. Living out of state for nearly 15 years really made her appreciate the friendliness of West Virginians, the mountains and the ease with which one can get out into nature.

44TH ANNUAL

HAL WANGER CONFERENCE

The Department would like to thank all those who contributed to make the 44th Annual Hal Wanger Family Medicine Conference a success! This year’s event was held at the Holiday Inn Morgantown on September 20-21, 2018. On Friday morning, Dr. King presented Dr. Cather with a “thank you” apple for her many years of wisdom and dedication serving on the Hal Wanger planning committee.

Dr. Tammy Chang, Assistant Professor at the University of Michigan, served as this year’s distinguished Mesaros Lecturer and highlighted the critical issues in the care of teen mothers. Lecture topics ranged from treatment of anxiety, murmurs in children, and common childhood exanthems to an update on medical cannabis in West Virginia, adrenal endocrine disorders, and nutrition advice that has changed and why. New this year, hands-on preconference workshops were offered in the areas of dermoscopy and acupuncture. Nexplanon training, technology and cardiology, and a KSA on heart failure were available to those who wanted to sign up for evening workshops.

The annual research poster session was held during dinner on Thursday, September 20. Students and residents were available to explain their findings and answer questions from attendees. This year’s Outstanding Research Poster award went to the poster entitled, “Tailored Medications Dosing Following Cesarean Delivery.”



Left: Dr. Anne Cather is all smiles receiving her “thank you” gift from Dr. Dana King and the Hal Wanger planning committee. Right: Mesaros speaker Dr. Tammy Chang.



DEPARTMENT OF FAMILY MEDICINE

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CAREER OPPORTUNITIES

Below is a list of current career opportunities within the Department of Family Medicine. For more information please visit medicine.hsc.wvu.edu/careers/family-medicine-careers.

- Family medicine clinical physician
- Family medicine clinical psychologist
- Family medicine clinical scientists
- Family medicine physician with OB
- Geriatrics family medicine physician

SUPPORTING FAMILY MEDICINE

Your support is greatly appreciated!

If you would like to make a gift to benefit the programs and activities of the Department of Family Medicine, please visit:
give.wvu.edu/FamilyMedicine.

Thank you for your consideration in supporting the Department.