



45th Annual Hal Wanger Family Medicine Conference

October 3-4, 2019

**Holiday Inn Morgantown
1188 Pineview Drive
Morgantown, WV 26505**

West Virginia University School of Medicine
Department of Family Medicine

West Virginia University School of Nursing

WVU vs. Texas
Saturday, October 5, 2019

www.ce.wvu.edu

The Beginnings

Halvard Wanger, MD

In 1956, Dr. Halvard Wanger organized an extensive scientific assembly to celebrate the Eastern Panhandle Medical Association's 50th anniversary.

Participants praised the Potomac-Shenandoah Postgraduate Institute's outstanding speakers, who had been invited because senior students at medical colleges in the Eastern United States voted them best lecturers in their respective fields. This method for developing a roster of outstanding lecturers worked very well, and subsequent Institutes drew many participants.



Dr. John Traubert (center), enjoying his Hal Wanger apple with Dr. David Hunter (left) and Dr. William Wanger (right) at the 2nd Annual Hal Wanger Family Medicine Conference.

Dr. Wanger directed the annual Institute through 1974. When Dr. Wanger cancelled the Institute in 1975 because of health reasons, the West Virginia University Department of Family Medicine assumed responsibility for continuing the fall conference. Dr. John Traubert, then the newly appointed Chair of Family Medicine, assumed the role of course director for the newly named Hal Wanger Family Medicine Conference, held at West

Virginia University.

Since the original setting of the Postgraduate Institute was West Virginia's Eastern Panhandle, local orchards supplied apples for refreshments, a tradition that has been continued at West Virginia University.

Dr. Traubert considered Dr. Wanger the "founding father" of continuing medical education in West Virginia. This assessment is widely shared by medical peers throughout West Virginia. West Virginia University is proud to carry on the legacy begun by Dr. Hal Wanger, a leader and pioneer in continuing medical education.

Upon Dr. Traubert's retirement, the conference continued under the direction of Dr. James Arbogast and Dr. Anne Cather for 15 years. Now the conference has entered a new era under the leadership of Chairman, Dr. Dana King and Dr. Erika Bodkins.

Registration Information

For conference and brochure details, please visit the WVU Family Medicine website at <http://medicine.hsc.wvu.edu/fammed/> (right click, select open hyperlink). To register online, please visit <https://www.eventbrite.com/e/wvu-family-medicine-45th-annual-hal-wanger-conference-registration-64228710803?aff=ebdshpsearchautocomplete> (right click, select open hyperlink) Or call either (304) 285-1736/ (304) 581-1653. **Registration is requested by September 26, 2019.**

Course Fees

Physicians

After 9/5

Thursday only registration includes lectures, dinner/poster presentations, (<i>optional pre-conference and/or evening workshop is an additional \$25 and/or \$50 fee</i>)	\$250
Friday only registration includes breakfast, lectures & lunch (with 2 optional lunch discussions) <ul style="list-style-type: none">▪ You got 99 Problems & Nutrition is Number 1!▪ Understanding Hierarchical Condition Categories (HCCs). Why it is Important to me?	\$250
Thursday & Friday registration includes all of the above	\$375

Other Health Care Providers: PA, NP, Nurses, WVU Retired Faculty & WVU Courtesy/Clinical Faculty

Course Fees

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Thursday & Friday registration includes all of the above	\$285

Program and Objectives
Thursday, October 3, 2019

Pre-Conference Workshops

- 8:00-11:00am: **KSA: Hypertension**— G. Anne Cather, MD
Correctly answer 80% of the questions posed on the diagnosis and treatment of hypertension through group discussion
- 9:00-11:00am: **Acupuncture** – Kendra Unger, MD, Martin Gallagher, MD, DC, Jason Oreskovich, DO & Kylene Whipp, MD
Recognize the value of and when to use acupuncture as a treatment modality in patients
- 9:00-11:00am: **Minor Surgery Skin Procedures in Family Medicine- A Review of Cryotherapy, Punch Biopsy & Shave Biopsy**— Erika Bodkins, MD
Describe indications for, contraindications to, and proper techniques for common skin procedures in Family Medicine
- 11:00-12:30pm **Registration & Lunch**
- 12:30-12:45pm **Welcome & Opening Remarks**
- 12:45-1:20pm **Common Foot Problems** – Guy Monteleone, MD
Recognize the etiology, diagnosis, and treatment of the most commonly seen foot problems in a primary care setting
- 1:20-1:55pm **Minimally Invasive Treatment for Pain** – Richard Vaglianti, MD
Select appropriate patients who would benefit from minimally invasive treatment for pain
- 1:55-2:30pm **Psychological Impact of Pain and its Management** – Patrick Marshalek, MD
Guide patients through the current science regarding the psychological impact of pain and its management
- 2:30-3:00pm **PM Break**
- 3:00-3:35pm **Panel Discussion: Alternative Pain Management** – Richard Vaglianti, MD, Kendra Unger, MD, Ray Adams, PT ATC, Rick Gross, PhD & Joseph Selby, MD
Discuss treatment options for alternative chronic pain management
- 3:35-4:10pm **Rheumatology Arthritis** – Amit Ladani, MD
Identify the appropriate diagnostic evaluations and treatment options for rheumatoid arthritis
- 4:10-4:45pm **Kidney Stones** – Chad Morley, MD
Review diagnosis and appropriate management of kidney stones
- 4:45-6:00pm **Dinner & Poster Presentations**

Concurrent Workshops

- 6:00-8:00pm: **Ultrasound** – Amy Moyers, MD & Joseph Minardi, MD (*workshop will take place in STEPS Center- free shuttle will be provided to & from the Holiday Inn*)
Select suitable patients for and successfully use the ultrasound in point-of-care ultrasound in the primary care office setting

6:00-8:00pm: **Beating Burnout: Building Physician Resilience Using the Four Pillars of Wellness** – Rosemarie Lorenzetti, MD, Madison Humerick, MD & Jonathan Deiches, PhD
Recognize the importance of building resilience and achieving a state of wellness as a primary care provider

Friday, October 4, 2019

7:00-7:30am **Registration & Breakfast**

7:30-7:45am **Welcome & Opening Remarks** – Clay Marsh, MD

7:45-8:00am **Announcements & Introductions**

8:00-9:00am **To Simulate...And Beyond! Toys or Educational Apogee?** – Dorian Williams, MD
Appreciate the advances of simulated patient encounters and how this technology has innovated health care professional education

9:00-9:35am **Cardiovascular Effects of Diabetes Drugs** – Charles D. Ponte, PharmD
Identify new treatment options for diabetes mellitus that lower cardiovascular disease risk

9:35-10:10am **HIV Education to Primary Health Care Practitioners: The U=U Campaign**– Carolyn Kidd, RN ACRN
Recognize the importance of HIV education and treatment options as primary care physicians

10:10-10:25am **AM Break**

10:25-11:00am **Adolescent LGBTQ Issues** – Benjamin Silverberg, MD
Discuss the current knowledge, attitudes, and unique challenges of caring for adolescents in the LGBTQ community

11:00-11:35am **When to use Antipsychotic Agents in Primary Care Treatment** – Walter Byrd, MD
Select appropriate antipsychotic treatment regimens to utilize in primary care

11:35-12:10pm **Leading an End of Life Discussion** – Alvin Moss, MD
Recognize the importance of leading end of life discussions and identify strategies to having a successful family discussion

12:10-1:15pm **Lunch**

12:10-1:15pm **Lunch & Learn Table Top Discussions:**

1. **You got 99 Problems and Nutrition is Number 1!** – Melody Phillips, MD & Judy Siebart, RD, LDN
Incorporate updated evidence based recommendations for nutrition when counseling your patients
2. **Understanding the Hierarchical Condition Categories (HCCs). Why it is Important to me?** – Cathy Glover, RHIT
Avoid losing reimbursement potential by reviewing and understanding the important utilizing hierarchical condition categories

1:15-1:50pm **Integrating Exercise into Primary Care**– Dave Harshbarger, MS CWP, Sandra Cotton, DNP APRN & Kristin Grogg, MPH PhD student
Incorporate updated evidence based recommendations for exercise when counseling patients in the primary care office

1:50-2:25pm **Migraine Therapy** – Kristina Lopez, MD
Identify appropriate diagnostic criteria and treatment strategies for migraine headaches

2:25-3:00pm **Hypertension Update**– Jason Peklinsky, MD
Identify the recent changes in recommendations for hypertension diagnosis and management

3:00-3:25pm	PM Break
3:25-4:00pm	Hyperlipidemia Update – Megan Adelman, PharmD Discuss the recent changes in recommendations for hyperlipidemia management
4:00-4:35pm	Common Pediatric Respiratory Infection and Treatment – Carl Shrader, MD PhD & Kylene Whipp, MD Compare the most common pediatric respiratory infections diagnostic criteria and treatment regimens
4:35-5:10pm	Hyperthyroidism – Jessica Perini, MD MS Review the appropriate diagnostic evaluation and treatment for hyperthyroidism
5:10-5:15pm	Adjourned

Conference Overview and Target Audience:

This year's conference will present an array of outstanding lectures on a variety of topics of interest to family physicians, nurses and other healthcare providers. Our WVU School of Medicine faculty will discuss primary care topics including leading an end of life discussion, common foot problems, hyperlipidemia update, a panel discussion on alternative pain management, and others. In addition, there will be preconference workshops on minor surgery skin procedures in Family Medicine, acupuncture, and a KSA workshop on hypertension. The conference will also feature evening workshops on ultrasound and beating burnout: building physician resilience using the four pillars of wellness. The included agenda lists each topic, the lecturer and expected learning objectives.

KSA:

This simplifies the MC-FP Part II requirement by conveniently fulfilling the knowledge portion of the "Hypertension" KSA as a group. We will complete the 60 core competency questions. To complete the entire KSA and earn CME, you will also need to complete a clinical simulation separately on the ABFM website (separate fee).

A minimum enrollment of five people is required or the KSA may be cancelled.

Registration:

To join us for the 45th Annual Hal Wanger Family Medicine Conference, please complete the registration form found at the Family Medicine website <http://medicine.hsc.wvu.edu/fammed/> (<https://www.eventbrite.com/e/wvu-family-medicine-45th-annual-hal-wanger-conference-registration-64228710803?aff=ebdshpsearchautocomplete>). Deadline to register is September 26, 2019.

Cancellations:

Important: If you are unable to attend the conference after you have registered, you must notify us in writing by September 26, 2019, to receive a refund. No refunds for conference fees will be made after September 26, 2019. A \$25 fee will be charged for all cancelled registrations after September 26, 2019. We reserve the right to cancel individual sessions or the entire conference. In the event of a conference cancellation, a full tuition refund will be made.

Location:

The Holiday Inn Morgantown is located on 1188 Pineview Drive, Morgantown, WV 26505.

Lodging:

For your convenience, a block of hotel rooms with a discounted rate have been reserved at Holiday Inn Morgantown for Wednesday, October 2, through Sunday, October 6, 2019. All reservations should be made no later than Monday, September 9, to obtain the discounted rate. After this date, rooms will be available on a space and rate availability basis only. You can contact Holiday Inn Morgantown at 304-241-6649 to make your reservation. Be sure to reference the group code "Hal Wanger Conference" for the discounted rate.

Additional Information:

In case of an emergency during the conference please email the WVU Medicine Administration at ambyers@wvumedicine.org; or if you need additional information call the Department of Family Medicine at 304-581-1640 or log onto the Family Medicine website: <http://medicine.hsc.wvu.edu/fammed/>

West Virginia University is an Equal Opportunity/Affirmative Action Institution. The University does not discriminate on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color or national origin. Inquiries may be directed to the Executive Officer for Social Justice, 105 Stewart Hall, Office of the President, 304-293-5496.

Disclosure Statement

All those in a position to control content have indicated that they have no relevant interests to disclose.

Course Credit (at Press Time):

Credit hours reflect the entire program. Credit hours are subject to change depending on participation in the pre-conference and/or evening workshops.

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of *16.75 AMA PRA Category 1 Credits*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, 45th Annual Hal Wanger Family Medicine Conference, with a beginning date of 10/03/2019, has been reviewed and is acceptable for up to 24.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the West Virginia University School of Nursing for 20 contact hours. The WVU School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislature Rule §19CSR11-4 under provider number WV1996-0120RN.

Conference Speakers:

Raymond Adams, PT ATC
Physical Therapist
HealthWorks Rehab & Fitness
Morgantown, WV

Megan Adelman, PharmD
Assistant Professor, Clinical Pharmacy
& Family Medicine
Morgantown, WV

Erika Bodkins, MD
Assistant Professor
Dept. of Family Medicine
Morgantown, WV

Walter Byrd, MD
Associate Professor
Medical Director, CRC Psychiatric Intensive Care
Dept. of Behavioral Medicine & Psychiatry
Morgantown, WV

G. Anne Cather, MD
Retired Professor, Per Diem Clinician
Dept. of Community Practice
Morgantown, WV

Sandra Cotton, DNP APRN
SN Associate Professor, SON
Clinical Assistant Professor, SOM
Morgantown, WV

Jonathan Deiches, PhD
Psychologist, Assistant Professor
WVU Medicine Center for Diabetes & Metabolic Health
University Behavioral Medicine & Psychiatry
Martinsburg, WV

Martin Gallagher, MD, DC
Associate Professor
Medical Director, Medical Wellness Associates
Jeannette, PA

Cathy Glover, RHIT
Clinical Documentation Improvement Specialist
Health Information Management
Morgantown, WV

Kristin Grogg, MPH
PhD student in Clinical & Translational Sciences
Pre-Health Professional Development Program
Coordinator
Morgantown, WV

Richard Gross, PhD
Associate Professor
Dept. of Behavioral Medicine & Psychiatry
Morgantown, WV

David Harshbarger, MS
Wellness Manager for WVU Medicine & Health Sciences
Campus
Morgantown, WV

Madison Humerick, MD CCMS
Assistant Professor
Dept. of Family Medicine, Eastern Division
Harpers Ferry, WV

Carolyn Kidd, RN ACRN
Clinical Nurse Educator, MidAtlantic AIDS Education
Training Center
Nurse Clinician, WVU Positive Health Clinic
Morgantown, WV

Amit Ladani, MD
Assistant Professor
Dept. of Medicine, Division of Rheumatology
Morgantown, WV

Kristina Lopez, MD
Assistant Professor
Dept. of Neurology
Morgantown, WV

Rosemarie Lorenzetti, MD MPH
Professor & Associate Dean Student Services
Dept. of Family Medicine, Eastern Division
Harpers Ferry, WV

Patrick Marshalek, MD
Psychiatrist, Associate Professor
Dept. of Behavioral Medicine & Psychiatry
Morgantown, WV

Joseph Minardi, MD
Associate Professor, Dept. of Emergency Medicine &
Medical Education
Chief, Division of Emergency Ultrasound
Morgantown, WV

Guy Monteleone, MD
Associate Professor, Dept. of Family Medicine
Director, Division of Sports Medicine
Director, Motion Analysis Center
Morgantown, WV

Chad Morley, MD
Assistant Professor
Director, Minimally Invasive Urology & Stone Disease
Dept. of Urology
Morgantown, WV

Alvin Moss, MD
Professor, Sections of Nephrology & Palliative Medicine
Director, Center for Health Ethics & Law
Morgantown, WV

Amy Moyers, MD
Assistant Professor
Dept. of Family Medicine
Morgantown, WV

Jason Oreskovich, DO
Assistant Professor
Dept. of Family Medicine
Morgantown, WV

Jason Peklinsky, MD
Assistant Professor
Dept. of Family Medicine
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Jessica Perini, MD, MS
Assistant Professor
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Section of Endocrinology
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Melody Phillips, MD CCMS
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Charles D. Ponte, PharmD
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Joseph Selby, MD
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Carl Shrader, MD PhD
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Judy Siebart, RD, LDN
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Kylen Whipp, MD
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Dorian Williams, MD
Professor, Dept. of Family Medicine
Assistant Dean for Simulation & Technology in Medical
Education
Medical Director, STEPS
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