

FAMILY MEDICINE

SCHOLARLY ACTIVITY

Celebrating 48 Years of Family Medicine at West Virginia University

Newsletter Issue #11

Spring 2022

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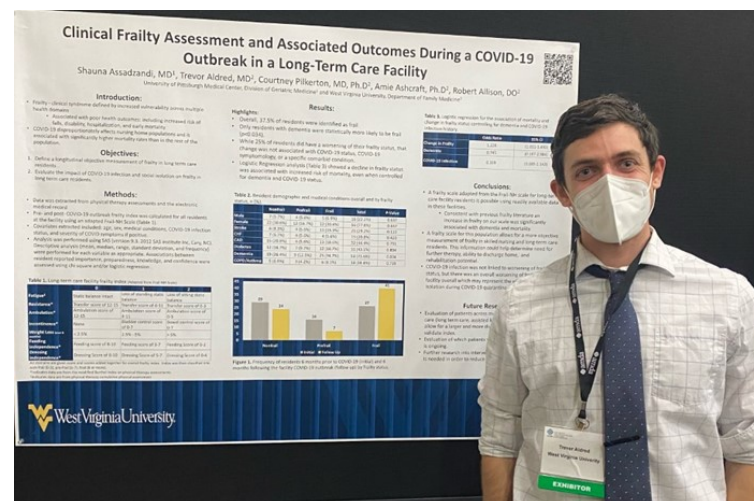
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Aldred and Assadzandi Present Frailty Research at PALTC

Drs. Trevor Aldred and Shauna Assadzandi presented their research on frailty and COVID-19 in Baltimore, MD at the annual meeting of the Society for Post-Acute and Long-Term Care Medicine (PALTC) in March. Along with Dr. Robert Allison, the team adapted an existing frailty scale to create one that is based on objective patient data and also specific to skilled nursing and long-term care populations. Their research with Sundale Nursing Home residents found that frailty worsened over the course of the pandemic but was not significantly associated with COVID-19 infection. They



suspect that social isolation during quarantine was a contributor. The team has plans to expand their research with their new

frailty measure to include residents at other facilities in order to validate their scale. Dr. Aldred will be sharing more detail and answering questions about the project at the department's annual Research Day.

Scholarship Development Opportunity for Family Medicine Physicians



The Family Medicine Discovers Rapid Cycle Scientific Discovery and Innovation (FMD RapSDI) program is funded by the American Academy of Family Physicians (AAFP) Foundation and the AAFP National Research Network. FMD RapSDI funds innovative short term and high impact projects led by practicing family physicians. No research experience is necessary.

Physicians chosen to be FMD RapSDI Scholars will serve as Principal Investigators on their own projects, receiving support and mentorship to develop and refine a research protocol, carry out the project, and conduct data analyses. Scholars will receive a \$40,000 grant for project costs or to offset time/salary to conduct research. The goal is to help practicing family physicians try to solve issues they see in their practice—to allow doctors who don't typically do research to explore great ideas quickly.

The application period for 2023 FMD RapSDI Scholars begins July 1, 2022 and runs to late August.

New Research Coordinator Joins Department of Family Medicine



Kimberly Honaker

Kimberly joined the Department of Family Medicine in January 2022 as Research Coordinator. Most recently, she worked with Behavioral Medicine & Psychiatry as a Grants Manager. Kimberly brings with her many years of experience and is particularly skilled with IRB protocols and pre-award grants management. She is available to assist residents and faculty with literature review, IRB protocol development, informed consent, data collection, grant budgets, manuscript preparation, and oral & poster presentation development. Kimberly lives in Morgantown where she is the personal servant of Boo Boo the Cat.

50th Annual NAPCRG Meeting Call for Abstracts

The North American Primary Care Research Group (NAPCRG) has announced the call for abstracts for the 50th annual meeting to be



held November 18-22, 2022 in Phoenix, AZ. Abstracts for students, residents, and fellows are due August 16, 2022 and can be submitted [here](#).

New DFM Residents Class of 2025



**Eric
Bonar, MD**



**Connor
Levy, MD**



**Nathan
Mauck, MD**



**Nathan
Richmond, MD**



**Erin
White, MD**



**Jonathan
Williamson, MD**

DFM Resident Part of New Annual RORE Survey



Josh Moore, MD

The West Virginia Practice-Based Research Network (WVPBRN) has begun a new, annual Resident Outreach and Research Engagement (RORE) Survey. The RORE Survey is an opportunity to gain knowledge about a topic or question in WV medical school and residency programs. Medical residents across WV can submit up to 5 questions to be included in the survey.

Josh Moore of the Department of Family Medicine submitted five questions related to residents' education and counseling for patients with obesity. Josh will be working with Jun Xiang to analyze the data gathered with the long-term goal of developing strategies improving resident training as well as increasing evidence-based treatment of patients with obesity.

New Publications by DFM Scholars

Ashcraft AM, Ponte CD, Farjo S, Dotson S, Murray PJ. (2022). The [underutilized] power of independent pharmacies to promote public health in rural communities: A call to action. *Journal of the American Pharmacists Association*.

Assadzandi S, Crocetti E, Pilkerton CS, Ashcraft AM, Shrader CD. (2021). COVID-19 disease and viral characteristics in a long-term care facility. *Marshall Journal of Medicine*, 7(4), Article 6.

Ganjireddy VGR, Pilkerton CS, Xiang J, Tinajero R, Ashcraft AM. (In press.) Hepatic fibrosis and steatosis in metabolic syndrome. *Journal of Obesity & Metabolic Syndrome*.

Grogg KA, Giacobbi Jr PR, Blair EK, Haggerty TS, Lilly CL, Winters CS, Kelley GA. Physical activity assessment and promotion in clinical settings in the United States: A scoping review. (2022). *American Journal of Health Promotion*.

Haggerty T, Khodaverdi M, Dekeseredy P, Wood N, Hendricks B, Peklinsky J, Sedney CL. (2022). Assessing the impact of social distancing measures implemented during COVID-19 pandemic on medications for opioid use disorder in West Virginia. *Journal of Substance Abuse Treatment*, 136.

Patterson JG, Borger TN, Burris JL, Conaway M, Klesges R, Ashcraft A, Hauser L, Clark C, Wright L, Cooper S, Smith MC, Dignan M, Kennedy-Rea S, Paskett ED, Anderson R, Ferketich AK. A cluster randomized controlled trial for a multi-level, clinic-based smoking cessation program with women in Appalachian communities: Study protocol for the “Break Free” program. *Addiction Science & Clinical Practice*, 17(11).

Silverberg B, Moyers A, Hinkle T, Kessler R, Russell NG. (2022). 2021 CDC Update: treatment and complications of sexually transmitted infections (STIs). *Venereology*, 1, 23-46.

Silverberg B, Moyers A, Wainblat BI, Cashio P, Bernstein K. A stitch in time: Operative and nonoperative laceration repair techniques. *Primary Care: Clinics in Office Practice*, 49 (1), 22-38.

Salkini MW, Yang XQ, Hashmi FH, Kandzari SJ, Hogan T, Morley C, Zekan D, Werner Z, Williams DJ, Guo Y, Matthew TL, Spangler M and Yu JJ. (2022). First American cancer patient to receive dicycloplatin (DCP) chemotherapy achieves remission after seven weeks of DCP capsules – A case report. *Anticancer Research*, 42:1339-1344.

Conferences & Presentations

Ashcraft AM, Farjo S, Ponte CD, Murray PJ. (2022, March). Misinformation about emergency contraception in WV community pharmacies. Presented at the annual meeting of the Society Adolescent Health & Medicine, San Diego, CA.

Assadzandi S, Aldred T, Pilkerton CS, Ashcraft AM, Allison R. (2022, March). Clinical frailty assessment and associated outcomes through COVID-19 outbreak in a long-term care facility. Presented at the annual meeting of the Society for Post-Acute and Long-Term Care Medicine (PALTC).

Downs JS, Ashcraft AM, Berta AM, Coyle K, Lanyon MB, Potter SC, Murray PJ. (2022, April). Your Move, a modification of Seventeen Days, revised for delivery in group settings, shows promise in knowledge and behavior outcomes. Presented at the annual meeting of the North American Society for Pediatric & Adolescent Gynecologists (NASPAG). Chicago, IL.

Eichstadt M, Lockrem J. (2022, April). Precipitating factor for right medial elbow pain in a baseball pitcher. Presented at American Medical Society for Sports Medicine Annual Meeting,

Haggerty TS, Sedney C, Dekeseredy P, Pollini R. Challenges of rural West Virginia prescribers in managing pain in the midst of the opioid crisis. (2021, Nov). Symposium on Substance Use Research (Virtual). Austin, TX.

Coming Soon...

WVU Department of Family Medicine's

Research Day

Date TBA

Upcoming Conferences

April 2022

30-May 4: STFM Annual Spring Conference
Indianapolis, IN

May 2022

10-13: National Rural Health Association Annual Conference
Albuquerque, NM

July 2022

28-30: AAFP National Conference
Kansas City, MO

September 2022

20-23: AAFP Family Medicine Experience (FMX)
Washington, DC

October 2022

19-21: WV Rural Health Association Conference
Lewisburg, WV

27: Charlotte Nath Research Symposium
Morgantown, WV

28-29: Hal Wanger Family Medicine Conference
Morgantown, WV

November 2022

5-7: American Heart Association
Chicago, IL

18-22: NAPCRG
Phoenix, AZ