

**WVU SCHOOL OF MEDICINE
DEPARTMENT OF OPHTHALMOLOGY AND VISUAL SCIENCES
DEPARTMENT OF MEDICINE, SECTION OF ENDOCRINOLOGY
2026 Thyroid Disease Conference**

**Friday, August 14, 2026 – 7:30am – 4:00pm
Erickson Alumni Center
1 Alumni Drive, Morgantown, WV 26506**

Conference Details: (all lectures 40 mins)

- Registration / Breakfast / Welcome Announcements: 7:30am – 8:15am
- Lectures: 8:15am – 10:05am
 - 8:15am – Thyroid Pearls (Dr. Perini)
 - 8:55am – Thyroid Nodule – How to Avoid Unnecessary Interventions (Dr. Sadiq)
 - 9:35am – Hyperthyroidism Management for the PCP and in the Acute Setting (Dr. Emma-Okah and Dr. Yarlagadda)
- Break: 10:15am – 10:30am
 - 10:30am – Hypothyroidism Management for the PCP (Dr. Tetlay)
 - 11:10am – Thyroid Disorders in Pregnancy (Dr. Latif)
- Lunch: 11:50am – 1:00pm
- Lectures: 1:00pm – 3:40pm
 - 1:00pm – Evaluation and Management of Thyroid Eye Disease (Dr. Jeyaseelan)
 - 1:40pm – Differentiated Thyroid Cancer Management (Dr. Iyer)
 - 2:20pm – Thyroid Cancer: From Incidental Nodule to Surgical Decision Making (Dr. LoPinto)
 - 3:00pm – Surgical Management of Thyroid Eye Disease (Dr. Nguyen and Dr. Thuro)
- Closing Remarks / Conference Adjourned: 3:40pm – 4:00pm

Full conference itinerary is available online through the RSVP link below.

Registration:

To register for this conference, please fill out and pay via this [online RSVP form](https://form.jotform.com/261385202030140) by Thursday, August 6, 2026: <https://form.jotform.com/261385202030140>

Invited Speakers:

- **Rakel Emma-Okah, MD** – Endocrinology Fellow, Division of Endocrinology, Department of Medicine
- **Apoorva Iyer, MD** – Endocrinologist, WVU Medicine United Hospital Center, Bridgeport Endocrinology
- **Praveen Jeyaseelan, MD** – Assistant Professor, Department of Ophthalmology and Visual Sciences, WVU Eye Institute
- **Tariq Latif, MD** – Assistant Professor, Division of Endocrinology, Department of Medicine
- **Melissa LoPinto, MD, MPH, FACS** – Assistant Professor, Endocrine Surgery, Department of Surgery
- **John Nguyen, MD** – Professor, Department of Ophthalmology and Visual Sciences, Ophthalmic Plastic and Reconstructive Surgery Fellowship Director, WVU Eye Institute
- **Jessica Perini, MD** – Professor and Fellowship Program Director, Division of Endocrinology, Department of Medicine

- **Mehjabeen Sadiq, MD** – Assistant Professor, Division of Endocrinology, Department of Medicine
- **Maryam Tetlay, MD** – Assistant Professor, Division of Endocrinology, Department of Medicine
- **Bradley Thuro, MD** – Associate Professor, Department of Ophthalmology and Visual Sciences, Residency Program Director, WVU Eye Institute
- **Harshani Yarlagadda, MD** – Endocrinology Fellow, Division of Endocrinology, Department of Medicine

Target Audience:

Physicians, fellows, residents, and advanced practice professionals who practice endocrinology, ophthalmology, and those who have a vested interest in the subject of thyroid disease as it applies to their practice.

Conference Objectives:

By attending this conference, participants should be able to:

1. Apply the most recent knowledge pertaining to basic science and translational research appropriate for providers that care for issues related to thyroid.
2. Differentiate the changes in guidelines and highlight best practices of thyroid disease management and care for adoption into clinical practice.
3. Integrate evidence-based care, apply updated guidelines to complex cases, and foster collaboration among specialists to improve patient outcomes.

The West Virginia University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures:

All those in a position to control the content of this program have indicated that they have no relevant interests to disclose.

Planning Committee:

- John Nguyen, MD – Professor
- Jessica Perini, MD – Professor
- Kerry Fluharty – Department Manager
- Chylyn Martin – Administrative Assistant
- Emily Messenger – Administrative Assistant
- Victoria Moore – Administrative Assistant

For questions or additional information regarding the 2026 Thyroid Disease Conference, please send an email to kfluhar1@hsc.wvu.edu or visit our conference website:

<https://medicine.wvu.edu/ophthalmology-and-visual-sciences/2026-thyroid-disease-conference/>